

# Gorham Times

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A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

## PineCrest Inn Welcomes Vets

Chris Crawford, Features Editor

Kathy Powell, owner and innkeeper of PineCrest Inn, at 91 South Street, is proud of her military experience as a former USAF military spouse and as the mother

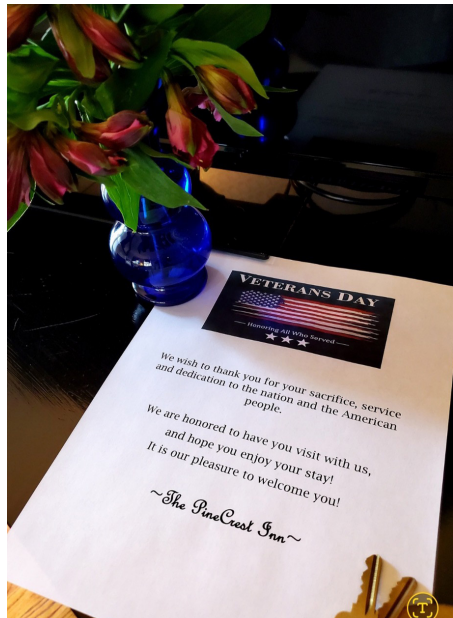


Photo Credit: Kathy Powell  
A welcome letter and floral arrangement welcome Vets in their rooms at PineCrest Inn.

of an active-duty son currently serving in the Air Force. She celebrates her veteran dad's service in the US Army, and her many family members and friends who have also served. She and her husband had been stationed in D.C., at the Pentagon when American Airlines Flight 77 was hijacked and crashed into the Pentagon on Sept. 11, 2001, a day that is engraved upon her family's memory forever.

Powell bought the Inn in 2017, and since 2021 has participated in a national program called B&Bs for Vets which makes it possible for active duty or retired vets or reservists to have a free night's stay during Veterans Day Weekend. The organization, an off-shoot of the Association of Lodging Professionals, aims to express heartfelt gratitude by offering generous discounts and/or free night accommodations at participating bed and breakfasts, inns, and other independent lodging properties nationwide. This is made possible through the generosity of the participating owners. There

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## Gorham Volleyball Wins Big



Photo Credit: Eric Tirrell

Volleyball players in their 'Dig Pink' uniform from earlier in the season. The Rams celebrated their second consecutive state championship this weekend with a win over Biddeford.

The Gorham Times acknowledges the lands and waters of the Dawnland, where we live and do our work, as the unceded homelands of ancestral peoples indigenous to these places. We honor them. We acknowledge the difficult truths of settler colonialism as well as the healing work that remains for us to do.

## Air Force Veteran Don Cross Honored with Weekend Trip to D.C.

Virginia Wilder Cross, Contributing Writer



Don Cross during the Welcome Home Ceremony at Portland Jetport

Photo credit: Virginia Wilder Cross

Don Cross and Peter Mason were part of a group of 52 veterans, their guardians and several volunteers, who spent the weekend of Oct. 18 - 20 in Washington D.C. as part of "Honor Flight Maine." While there, they visited more than eight war memorials and Arlington Cemetery for the Changing of the Guard.

Each veteran is accompanied by a friend, and Don was extremely pleased to share this experience with Peter Mason, who served as his volunteer guardian. When

they got home, Peter had much to say: "I was flattered when Don called to ask if I would join him for 'Honor Flight Maine.' For me, it was invigorating to see the gratitude and respect complete strangers paid to our veterans throughout the trip."

"After landing on Friday, our first ceremony was at Fort McHenry where 120 middle school students from Minnesota shook each and every veteran's hand. From that ceremony and through each following stop, words of appreciation for our veterans ser-

vice, were shared over and over again. It is so refreshing to witness this in today's society!"

"When we returned home on Sunday morning, we were welcomed by hundreds of family members, friends, and other veterans for a meaningful program led by Honor Flight volunteers.

Charlie, a trip leader and retired Marine, hugged each veteran. In response, I overheard one of the veteran's say, 'thank you for making me whole again.' "

"I can't begin to describe the overwhelming emotions I felt throughout this amazing trip, and I highly recommend this opportunity to others if they are lucky enough to be asked."

Don served as a radar specialist in the U.S. Air Force from 1955-1958, and he now resides in the Maine Veterans' Home in Augusta.

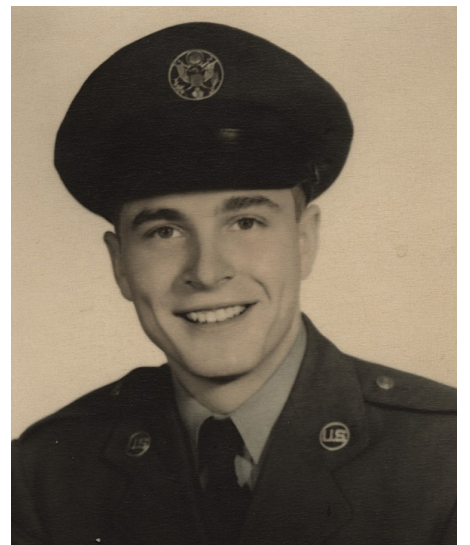


Photo credit: Courtesy of Don Cross

Airman Don Cross 1955



Photo credit: Virginia Wilder Cross

Don Cross and Peter Mason about to board the Honor Flight to Washington D.C.

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# A Fond Farewell to a Beloved Educator

Suzanne Dix, GMS Librarian and Media Specialist

Gorham Middle School lost a beloved member of the staff on Oct. 21. Terri Dawson was the Technology Integrator at the middle school, working to help students and staff to be more comfortable and effective in 3D printing, coding, operating robots, working with drones and using AI ethically. She ran the popular iTeam Club after school with 40-50 students each Monday. She launched the hugely successful STEAM Night at GMS in 2023. Nearly 400 students, families and community members attended the event. The second STEAM night in 2024 was equally exciting. Terri was a tireless and creative advocate for learning, exploration, experimentation and creativity.

Terri was a kind and patient educator. Students were encouraged to stop by her room all day long to troubleshoot with their iPads or chat about new technologies. She was creative and exuberant in working with staff to build collaborative units and lessons. Earlier this month, Terri was recognized as the statewide Achieve Award recipient from ACTEM (Association of Computer Technology Educators of Maine). Winning this prestigious award showcases how dedicated Terri was to her students and staff, always cheerleading and motivating. Terri was always the first to hear about a new app, tool or platform and enthusiastically shared it with staff members. *Terri's Technology Tip*



Terri Dawson

Photo credit: Gorham Middle School

was a staple of each monthly staff meeting. Our yearbook photos were always wonderful due to Terri's willingness to fly a drone, climb onto the roof of our building or be behind the scenes at every school event.

To celebrate and honor Terri's life and legacy, Terri's family will be creating the Terri Dawson Technology Scholarship to be given to one or two students each year who demonstrate an aptitude and excitement for technological advancement. As the GMS staff navigates this difficult time, they will remember Terri for her fun spirit, quick smile, and the laughter she brought into their lives. She was a wonderful friend and colleague, and her impact on our school community will never be forgotten.

## Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number and hometown. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

To the Editor,

After learning that Shaw Brother's Quarry is intending to seek to expand the quarry, doubling its size, a group of concerned neighbors gathered information, learning that major concerns were ongoing prior to the inception of the quarry, most voiced to the town and the brickyard for years with little effect.

Town Council has asked the ordinance committee to consider the request to expand the quarry. Our hope is that the committee will take the many questions from residents about the safety of the quarry into consideration. The town office does not have anyone on staff, or contracted, that is a quarry expert, which is highly concerning given the potential dangers of crystalline silica dust.

The Town Council's responsibility to our businesses should not outweigh their responsibility to the safety of our residents. Shaw Brothers is a strong business, and we want their success as our friends and family work there. Unfortunately, we have neighbors that are sharing stories of the dust that billows down their driveway and covers their homes, the smell of asphalt coming through their windows all night, the explosions that occur and shake our houses hard, sounding and feeling like a car crashed through it.

I beg that our Town Council does not forget that they are representing the "little people," neighbors to a quarry that has brushed aside concerns shared with them time and again. We hope the council will take the time to work with citizens

and the quarry to explore concerns collaboratively and work through problems that allow for citizens' safety and a business to thrive. We encourage citizens to join us for a regular monthly meeting to share concerns and solutions, last Tuesday every month 6:30 p.m., Gorham Municipal Center, Recreation Room or join Facebook Gorham Community Alliance: Quarry Impact on Health and Safety.

Kathy Hamblen, Gorham

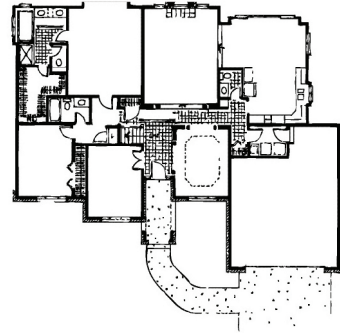
To the Editor,

I would like to thank Shaw Brothers for their letter of Oct. 8 offering two options to the town regarding the expansion of Brickyard Quarry. Concerned citizens have shared complaints about the quarry impact on safety and health issues. The letter laid out two options for the town to consider. Option 1: a quarry expansion of 26 acres. Option 2: A quarry expansion of only 6.33 acres and the remainder would be dedicated to 200 or so manufactured housing units. This would help with the affordable housing crisis in the state and buffer other neighbors from the quarry impact. The Brickyard Quarry is located remarkably close to downtown and impacts hundreds of residents. Shaw Brothers' willingness to listen and adjust plans based on neighbors' concerns about health and safety is a good start. The quarry will impact the town of Gorham for the rest of our lives and all future generations. Thinking about the future of the quarry should be something we all consider.

Charles Hamblen, Gorham

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# Gorham Times

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Editor: editor@gorhamtimes.com

Features: ckck5@icloud.com

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School: schoolnews.gorhamtimes@gmail.com

Sports: sports@gorhamtimes.com

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Other: gorhamtimes@gmail.com

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Managing Editor: Lori Arsenault

Advertising Coordinator: Lori Arsenault

Design/Production: Megan Levesque,  
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Staff Writers: Jacob Adams, Donna Aikins, Lisa Becker, Kerry Constantino, Kathy Corbett, Kelli Deveaux, John Ersek, Sheri Faber, JoAnn Leib, Krista Nadeau, Patrick and Cindy O'Shea, Helen Stanbro

GHS Student Interns: Cameron Cyr,  
Lucia Holloway

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Features: Chris Crawford

Photographer: Roger Marchand

Of Interest/Calendar: Lori Arsenault

Sports: Katie Brown

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## EDITORIAL POLICY

The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

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## Upcoming Advertising

Deadlines

November 13

November 27

December 11

Winter Break

January 8



# The Youngest Gorham Times Reader

Gorham Times Staff



Photo credit: Jane Irish Meggison

May H.A. Meggison takes a break from her first birthday celebration to peruse the Gorham Times. She is the daughter of Andrew H.A. Meggison and Anne M. Loos of Charlestown, MA. Her grandmother is Jane Irish Meggison.

## PineCrest Welcomes Vets CONTINUED FROM PAGE 1

are currently only two lodgings in Maine which offer this benefit and a total of eleven in New England. For more info, please visit <https://bandsforvets.org/>.

PineCrest Inn, a gracious classic built in 1800, has 6 well-appointed guest rooms, which Powell reserves for qualified vets during Veterans Day weekend. Her honored guests are warmly welcomed with an earlier check-in, served a small Happy Hour prior to their heading out to dine in Gorham at our many great restaurants, such as MK Kitchen and others. Powell assists all her guests with making reservations, if necessary. The guests awake the next morning to the smell of coffee and warm baked goods, and are served a delicious full home-cooked breakfast. Powell, says, "This is the time I love the most during their stay... listening as the vets mingle, connect, and begin to share their stories and experiences together."

The vets are also greeted with a patriotic-themed floral arrangement in their guest rooms, made and donated this year by local florist, Gorham Village Floral, along with a welcome note thanking them for their outstanding service on behalf of us all. In the past, Sullivan's Bakery has also donated cookies for the vets to enjoy. The PineCrest Inn feels blessed to honor our veterans each year and make their stay a memorable and special experience, and it is certainly a highlight for its innkeeper to be able to give back in appreciation.

Each year, Powell also honors veterans by donating wreaths as part of the Wreaths Across America program.

For more information on the Inn, visit [www.pinecrestmaine.com](http://www.pinecrestmaine.com). They are here to also host your visiting family and friends throughout the year and to host small special events like anniversaries and baby or bridal showers.

# Business Profile: Riverlight Acupuncture

Patrick and Cindy O'Shea, Staff Writers

Riverlight Acupuncture opened at 88 State Street on Monday, Nov. 4. Matt Brown, who grew up in Gorham and graduated from Gorham High School, is returning to town to open this new business. He says that he is proud and excited to serve the local community.

Matt has extensive training in acupuncture, Chinese herbal medicine, and cupping. He will tailor each treatment to the individual. He states, "Acupuncture

is an effective tool to treat acute and chronic pain as well as many other health conditions. Anyone interested in learning more can book an initial session or request more information through the website, e-mail, or phone."

Riverlight is conveniently located in the village in the same building as Rob Lavoie's Chiropractic Clinic of Gorham and features easy parking and accessibility.

# Gorham High School Holds Mock Election

Rachael Grady, GHS Teacher and Student Council Advisor

On Oct. 15, Gorham High School held a Mock Election. It was also an opportunity for students to register to vote. Eighteen-year-olds are able to register for this election, while sixteen-year-olds may register for future elections.

Students had a ballot for the United States General Election, a ballot for the State of Maine General Election and the State of Maine Citizen Initiative, Bond Issues and Referendum questions. In addition, they had a ballot for the Town of Gorham Municipal Election Questions 1 and 2. A reminder was provided that voting is a private process - you do not have to show anyone or tell anyone how you voted.

GHS Social Studies teacher Darren Panagakos organized the event, which used actual voting booths and a ballot box borrowed from the town. There

were two people from the Gorham Town office who set up a registration table for students to register to vote. Student Council members served as election workers before school, during all 3 lunches and after school. They also helped count the ballot results.

GHS student results included a win for the Harris/Walz presidential ticket over the Trump/Vance ticket (64-57), a win for incumbent senator Angus King (King 54, Kouzounas 29, Costello 19, Cherry 18), a win for incumbent U.S. Representative Chellie Pingree (Pingree 56, Russell 43, Alcorn 20), a win for incumbent Maine Senator Stacy Brenner (Brenner 55, Hamill 49), a close win for Maine Representative Alan Livingstone (Livingstone 52, Sato 51). In addition, all state and local initiatives were approved by the students.



Photo credit: Deanne Etienne, Assistant Principal

Student Council members helping with Mock Election



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# Car Care: A Trip Down Memory Lane

Doug Carter, Contributing Writer

I graduated from Gorham High School in 1981 and began working for Falmouth Subaru that year. Vehicles have changed quite a bit since then. Air conditioning was available in the top-of-the-line vehicles that sold for around \$6,500. Most models came with AM radios and hand crank windows. The stock radio could be removed, and AM/FM cassette players installed for customers who wanted an upgrade. There were no shift lock systems in the automatic transmission vehicles. You could leave the vehicle in gear, shut the engine off, take the key out and walk away as the car rolled down the hill. Manual transmission vehicles were very common, and they did not have a clutch pedal switch so the engine could be started without pushing in the clutch pedal while it was in gear.

Oil changes every 3000 miles and valve adjustments every 15000 miles were necessary. Spark plugs are replaced at 30,000 miles, along with most of the fluids like the coolant and transmission fluid. The 1981 Subaru had the first engine control unit in it. It was a very basic system with a handful of sensors as inputs to control the carburetor.

The average gas mileage in 1981 for passenger cars sold in USA was 15.6 miles per gallon. Today the average is 34 mpg and is expected to go to 50 mpg in the near future.

The hourly rate for the service department where I worked was \$18.00 an hour. I was making \$4.00 and thought I was doing great. Maine state inspections were due every 6 months and cost \$6.50.

Today's cars have so many features that they can drive themselves. Very few young drivers can drive a manual transmission vehicle. Air conditioning is standard on basic models along with power windows, power locks, power seats. There are several control modules in cars now, I've seen as many as 40 different modules in a vehicle. They control every-

thing from the engine and transmission to the heating and A/C system. All these modules communicate on two different networks. A high-speed network is for critical information that includes the engine, air bag system, anti-lock brakes, traction control, while the low-speed network handles the human interface systems such as the audio system, heating, A/C, power windows, and door locks.

Most cars run synthetic oil that is changed every 6000 miles, spark plugs last for 100,000 miles. Most fluids last the life of the vehicle. There is electric power steering, electric parking brakes, electric A/C compressors, engine cooling with electric water pumps. Our understanding of electricity is transforming everything in our world. Electric vehicles have made inroads into the auto industry, although I don't believe the manufacturers will hit the goals they set a couple of years back. Volvo has pulled back from its 100% electric vehicle sold in 2025 to include hybrid vehicles. As battery and charging technologies progress electric vehicles will be the car of the future. The next ten years will probably see more changes than I've seen in the last forty years.

Yet, as predicted by Hollywood, I don't see "Mr. Fusion" or "Doc and Marty" in a flying car any time soon.



Doug Carter is the owner of Carter's Auto Service, Inc. He's been in the auto service business since graduating from Gorham

High too many years ago to count.

# Be Well: The Ladder of Nutrition Needs

Carolyn Milles, Contributing Writer

Nutrition is defined as, "The process of providing or obtaining the food necessary for health and growth." For many, the purpose of focusing on nutrition or food intake tends to be driven by the desire to improve health. Yet, in our pursuit of good health, we can stray from some of the most basic principles of nutrition. We might end up reducing intake or "cutting out" foods, which actually sabotages our pursuit of health.

Restriction can lead to a negative relationship with food and body and cause inadequate intake and weight cycling, with its own list of associated health risks. Better outcomes can be achieved by shifting the focus to what we can add to improve nutrition intake. Imagine nutrition as a ladder with several rungs, each representing a different aspect of dietary needs. This concept suggests that basic needs, like consistency and adequacy, must be met before advancing to more complex nutrition goals, like adding to our plate for balance and variety.

The Ladder of Nutrition Needs is a framework based on American Psychologist Maslow's Hierarchy of Needs. Maslow described his pyramid of needs as the requirement to obtain the most basic needs (like food, shelter, safety, etc.) before higher needs could be met (such as jobs, relationships, self-esteem, etc.).

CONSISTENCY: The first step to meeting nutrition needs is creating more consistency with intake, eating every 3-4 hours. Otherwise, a variety of mechanisms could be negatively impacted (hunger and fullness cues, sleep, energy levels, mood, blood sugar levels, etc.). When we graze or go too long between eating periods, both digestion and food behaviors can be impacted.

ADEQUACY: The next step stresses the importance of adequately meeting one's nutrition needs. We all have differing individual needs for energy intake, so we must learn how to tune into and honor our own bodies. Adequate nutrition is important because, without it, we put our bodies into more stressful states which increases cortisol levels and reduces the efficiency of certain systems such as metabolic and cardiovascular, thus negatively impacting health status.

BALANCE: The energy provided by food comes from macronutrients (which translates into "big nutrients"). They are organized into three groups: carbohydrates, proteins, and fats. For sustained energy and satisfaction, we need to arrange a balance of these foods at meals and snacks. Again, this will look different for each person because individual needs differ. One of the key takeaways from finding more balance, however, is that no one food group should be singled out or excluded from one's diet. They all have a significant purpose. Creating more neutrality with all food can be helpful to allow more permission with all foods, especially the macronutrients.

VARIETY: As we move our way up to higher needs, we can seek more variety. Rather than just sticking to the two vegetables we typically choose (when we are focused on meeting basic needs lower on the ladder), we may try to incorporate more options. The benefit of variety is that different foods offer different nutritional benefits. Variety also helps with food burnout, which can come from having the same things repeatedly.

SPECIFIC NEEDS: Once we've reached the top of the ladder, we can put more focus on individual needs and preferences. Creating a positive relationship with food has many health benefits. Consuming specific foods to improve health concerns can be very beneficial. Reaching the top of the ladder offers the ability to address the specific needs of the individual to see what needs to be added (not taken away) from one's diet.

Sometimes we overcomplicate nutrition, but getting back to the basics and simplifying how we think about food can help.



Carolyn Milles, RDN, LD is a third-generation dietitian at CV Wellbeing, a team of Registered Dietitian Nutritionists

serving individuals in their journeys to nourish, move, create balance, and be well.

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# Public Works Updates

Kelly Meslin, Gorham Public Works

Please be sure to put tagged trash and recycling curbside by 7 a.m. on your collection day.

The entire tag should be visible to Casella. This means the tag should be stuck to the bag or folded in half around the neck of the bag. If the tag is not visible in its entirety, trash will not be collected.

Please keep turnarounds free of vehicles and equipment. This hinders Casella getting in and out of roads safely and efficiently.

Please be responsible with your trash disposal. The roll-off containers aka "silver bullets" located at Public Works are for recyclable materials only!

Do not leave bagged trash outside the containers. Leaving trash and other items outside the containers makes it difficult for the hauler to pick up the containers and takes time away from the Public Works crew's other duties. If you need help with where to dispose of unwanted items or if you have any questions regarding proper recycling or trash tag usage, please call the office (207) 222-4950, email us dpw@gorham.me.us or check out Ecomaine's free recyclopeda.

A few items to note as the weather starts to change:

- Winter sand is available to residents ONLY! Winter weather is inevitable at any point now. (2) 5-gallon buckets per storm. You will need to bring buckets and a shovel.
- Leaf bin is open. Bring leaves anytime and place in the bin next to the silver bullets. Please take your plastics bags with you and paper bags can be disposed of in the silver bullets.
- Leaves should not be swept or blown into your ditches. Please keep ditches clear for proper drainage.

You can find Public Works on Facebook at Facebook.com/Gorham-ME Public Works Department.

## Real Estate Transfers, Oct. 2024

Gorham Times Staff

ADDRESS	SELLER	BUYER	PRICE
10 Sunrise Lane	Michel G. Brunet	Gary S. Jordan	\$ 854,000.00
48 Solomon Drive	Bradley B. Scott	Craig Hanson	\$ 810,000.00
197 Brackett Road	Hillock Enterprises, LLC	David Scribner	\$ 687,000.00
124 Falcon Crest Drive Unit 40	Cottage Advisors ME, LLC	Denis L. Emmett	\$ 599,600.00
130 Falcon Crest Drive	Cottage Advisors ME, LLC	Ronald G. Taglienti	\$ 549,900.00
54 Gray Road	Gary J. Johnson	Joseph Moutinho	\$ 495,000.00
16 Balsam Lane	Neil Buckman	Stephen McGonagle	\$ 493,000.00
28 Joseph Drive	Carla Morrell	Lesa M. Rose	\$ 440,000.00
27 Cressey Road	Estate of Dana R. Spiller	Stewart McCallister	\$ 435,000.00
12 Primrose Lane	Joshua E. Milligan	Serenity Residential Care LLC	\$ 417,000.00
13 Lawn Avenue	Joshua E. Milligan	Serenity Residential Care LLC	\$ 404,000.00
11C Gorham Industrial Pkwy	Kodiak Hollow, LLC	Estes Investments, LLC	\$ 390,000.00
56 Wood Road	Christine Petersen	Yuri Trusty	\$ 380,000.00
59 New Portland Road	Estate of Suzanne D. Iatesta	Gary Stephen Jordan	\$ 360,000.00
45 Meadowbrook Drive, Unit 2	Amanda J. Dunton	Gregory Applestein	\$ 355,000.00
157 Flaggy Meadow Road	Stewart B. McCallister	Perceval Inkpen	\$ 334,000.00
53 Harding Road	Sally A. McKeen Revocable Trust	Kathleen A. Brann	\$ 328,000.00
95 Plummer Road	Brian Dunlap	Samuel Dunlap	\$ 190,000.00
Ossipee Trail	Pamela J. Keene	Stephen H. Lailer, Sr.	\$ 20,000.00
Gray Road	Shirly M. Thistlewood	Ralph Poole	\$ 7,400.00



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# Art Exhibit at USM Tells a Multi-Layered Story

John Ersek, Staff Writer

On entering the USM Art Gallery to experience Stephanie Garon's "under/current" installation, a visitor's immediate impression of the exhibit is that it appears similar to typical Maine rocky beach scenes, except without actual water. After looking more closely, what initially appears to be a collection of pebbles and small rocks (as seen on hundreds of Maine's rocky beaches), is actually thousands of gray cylindrical stone pieces. Some are lighter colored, some are darker. Most of the cylinders are 6 to 12 inches long and about 2 inches in diameter. The sides of each cylinder are smooth, while the ends appear sharper.

A gallery visitor can experience the installation on several levels at the same time, as Garon has presented various combinations of environmental messages and artistic expressions. These areas include: historical mining in Maine, Maine geology, coastal ecology, the psychology behind "gold rushes," the past and present exploitation of Native American land resources, 19th Century industrial technology, and current attempts to make amends for past environmental damage and exploitation of indigenous lands.

Beyond the overt themes, the

direct experience of seeing the re-created coastal scenes and simulated beaches offers an opportunity for quiet reflection, meditation, and a deeper level of understanding.

The story behind the creation of "under/current" is just as interesting as the installation itself. It all began when an environmental organization known as "The Greenhorns" of Pembroke, Washington County, Maine requested artists to submit proposals for utilizing a very large trove of 19th century rock core samples. Weighing altogether over twelve tons, the pieces (numbering in the thousands) had recently been discovered in the musty basement of a deteriorating farmhouse on one of its properties.

It was learned that the rock samples were drilled between 1850 and 1900, when a kind of "Gold Rush fever" spread across the continent, following gold discoveries in California, Alaska, and Yukon, as well as silver discoveries in Colorado. This drilling and digging "fever" even spread all the way to the Downeast coast of Maine, near Eastport, where some quanti-

CONTINUED TO PAGE 11



**Join us in making this holiday season brighter by participating in this year's Annual Tree Festival!**

**Here's how...**

Pick or set-up a tree outside your business or home to decorate!

**Come up with a theme, color scheme, etc. and decorate your tree.**

Have your tree decorated prior to Gorham Recreation Department's Light Parade on **Dec. 1, 2024 at 4 p.m.**

Feel free to share your masterpiece to the Gorham 2024 Tree Festival Facebook Group.

Send us an email for the location of your tree if you would like your tree to be judged.

**Winners will be announced on or by New Year's Eve!**  
**Grand winner will be presented with a traveling plaque to hold onto for the year, and a donation made in kind to the winner's choice!**

For more information please reach out to: [gorhamstreefestival@gmail.com](mailto:gorhamstreefestival@gmail.com)

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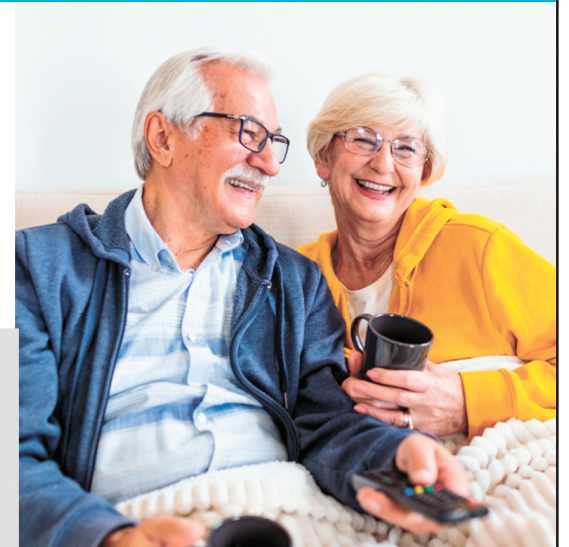
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SCHOOL

# Village School Announcements

Jacob Coburn, Henry Coughlin, and Mrs. Penley's Class



Photo credit: Stacey Sawyer, Village School Counselor

Jacob Coburn and Henry Coughlin, article authors and students in Mrs. Penley's grade 5 classroom

At Village School, the fifth graders do the announcements, affirmations, and Pledge of Allegiance each day. Each fifth-grade class takes the responsibility for announcements for a week and then it is rotated to one of the other fifth grade classrooms. The students plan out what they want to say the day before announcements, and everyone has a copy of the paper so they stay organized and don't forget what to say.

We start by saying "Good morning!" and introducing ourselves. Then there are many things we can choose to say. Sometimes we tell about high school sports from the day before, about the national day, the weather, what's going on in classrooms around the school, and lots of other things. Every day we say "Happy Birthday" to students.

The affirmations include: "I am ready for a great day," "I believe in myself," "I can accomplish my goals and dreams." The fifth graders say each affirmation and then the school repeats it. The affirmations get people going and motivated for the day.

After the affirmations we do the Pledge of Allegiance. We also say, "Have a great day!"

Village School started having fifth graders do the announcements last year to give students a voice and another special job in the school. When we were fourth graders, we liked having the 5th graders come into our room and ask for good news to share from our classroom. It is somewhat nerve-racking to speak over the intercom for hundreds of people, but it is exciting, too.

SPORTS

# Halloween-Themed Soccer

Katie Brown, Sports Editor



Photo credit: Kristal Goff

The Kitty Kickers (Orange) team photo

On Oct 26, 2024, a sunny, crisp fall Saturday morning, the Gorham Recreation teams put a Halloween spin during their last games of the season. It was a chance to make things extra fun for the players, parents, coaches and spectators of all ages. Some coaches had spooky themed warm-ups; ghosts were chasers, the soccer ball was named a "pumpkin" and the goalposts "broomsticks."

The players, especially at this age, loved nothing more than showing up in costume to share with their teammates. They enjoyed the silly, competitive fun. Some ranged from blow-up costumes

to Bob Ross the painter and Mario. The creativity seemed endless. Speaking of being creative; The Orange team from the beginning of the season decided to put a fun spin on their look and called themselves the "kitty kickers". Before and after all of the Girls and Boys last sessions (Youth Program Director Travis Grant) and a few other volunteers handed out candy to the kiddos. There were plenty of Ghouls and Hat-tricks during both sessions to end the fall 2024 season. Next season perhaps teams will have the Goblins vs.the Skeletons? It was a magical season for everyone involved.



Photo credit: Kristal Goff

The Kitty Kickers in action



Photo credit: Katie Brown

The Red team vs. Blue team in action (#99 vs. Mario)



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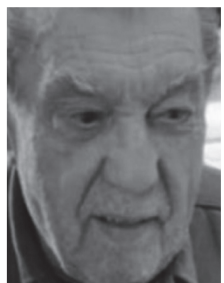


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GORHAM'S COMMUNITY NEWSPAPER SINCE 1995



**Donald Spearin (1943 - 2024)**

Donald Charles Spearin Sr, 81, a longtime Gorham resident, passed away on Oct. 23, 2024 due to complications from injuries sustained in an automobile accident on Oct. 3, 2024. Born on May 5, 1943 in Calais, Maine as the youngest of 3 children of the late Clarence and Irene Spearin. Don was predeceased by his siblings, Francis, Heath, and Hazen Spearin.

Married to Marsha on Nov. 23, 1968 the two built a life in Gorham and enjoyed snowmobiling, boating and the spending time at their camp on Saddleback Mountain Road in Rangeley. Don was heartbroken when Marsha passed in 2016, and the two of them are together again at last.

A 1962 graduate of Gorham High School, Don's career choices all revolved around automobiles and horsepower. Don was a truck driver for Hartt Transportation and Casco Bay Foods and a mechanic at Chet's Auto sales and Village Center Auto care before he built his own shop and became self employed. Don was very successful and was known as a fair and honest mechanic, working every single day until his retirement.

An avid fan of Ford in his early years, Don's loyalty changed and he became a lover of all things Mopar. He was well known in the area for his Mopar collection and if you needed something chances are he had it. From drag cars, mud trucks and pulling tractors, if it was carbureted he could make speed.

Don is survived by his children Renee (Jeffrey) Martin of Hamburg, NY, and Donald Charles Spearin, Jr. of Gorham. His Grandchildren Samantha (Dennis) Gwinn, Jacob Robertson, Mathew Spearin (Autumn) and Kevin Spearin. Great Grandchildren, Adalyn Gwinn, Oliviana and Rowan Spearin and another one on the way. He is also survived by several nieces and nephews.

In lieu of flowers, memorial donations may be made to Hearts and Horses, 63 Justin Merrill Road, Buxton, Maine 04093.

**SANDRA "SANDY" LEE (FURMAN) DAIGLE**

**MAY 8, 1946 - OCTOBER 25, 2024**



Gorham- Half past noon on October 25, 2024, Sandra Lee Daigle gently passed onto heaven peacefully surrounded by loved ones. Sandy was born in Portland on May 8, 1946. A daughter to Merritt D. "John" Jr. and Pauline F (Coolbroth) Furman, Sandy's earliest memories were of time spent at the family's general store in Cornish Maine. In 1955 the family, including younger sister Jo, moved to Gorham Maine. Sandy's childhood days were filled with time spent ice skating, summers tenting at Nason's Beach on Sebago Lake, swimming in the family pool and pantomiming in skits which the neighborhood kids would perform for parents.

In 1964 Sandy graduated from Gorham High School with an achievement award for speed typing that came in useful at her work in the accounting department of New England Telephone and Telegraph in Portland Maine.

Sandy met the love of her life, Claude "Fred" Daigle on a blind date set up by Dennis Morton, her sister's boyfriend and summer worker on the Daigle Potato Farm. Sandy and Fred were married on October 22, 1966. pending time in each year between the Daigle Potato Farms in Gorham Maine and Homestead Florida, Sandy embraced and thrived in the farm family lifestyle of hard work, occasional hard times and enjoying the harvest all while raising three children with her husband Fred.

When the family farms were retired, Sandy filled her days sharing stories and precious moments with her grandchildren, nieces and nephews. Piano would become a passion for Sandy eventually turning into a proficiency of playing the organ. Sandy spent many days and evenings playing and singing gospel songs by Elvis Presley, her favorite artist and singer. Her love for good music was clearly evident in her passion for the television show American Idol. Sandy could normally pick out the winner by the third week of the live show. Aside from music, Sandy also studied and grew her talent with painting, her canvases still survive today for family to enjoy and remember her by. An avid bird lover, her later years were spent tending to the special feed and houses for her faithful flock of blue birds. Speaking of faithful, once a Yankee fan as a child, Sandy grew to become an avid Red Sox fan spending countless days and evenings watching the games and her favorite baseball players from the first pitch to the last at bat.

For those who knew Sandy closely, you understood that she loved to host and prepare traditional and occasionally unique meals of some new recipe she found on the internet or TV. She enthusiastically looked forward to planning, cooking, hosting and entertaining no matter the occasion. Sandy truly showed us that life is far too short, so we should try and remember all the good times. Try your best to love yourself, love your friends and most importantly love your family.

Sandy was predeceased by her loving husband Claude "Fred" Daigle, her parents Merritt D "John" Jr. and Pauline F (Coolbroth) Furman.

She is survived by her son Freddie, his wife Tracey and their children Bailey and his wife Cayle, and Bridget, her daughter Jennifer Lee Sundik and her husband Greg and their children Alexander and William, her daughter Christine Daigle, her sister Jo Morton and her husband Dennis Morton along with many nieces, nephews and lifelong friends.

Services were already held. To express condolences please visit

[www.DolbyBlaisSegee.com](http://www.DolbyBlaisSegee.com)

**SCHOOL CONT.**

**Children's Author Visits  
Gorham Schools in November**

Gigi McAllister, Village School Library/Media Specialist

Maine-based author/illustrator, Matt Tavares, will be visiting students in the elementary schools and middle school in Gorham on Nov. 19 and 20. Tavares has created over 20 books. Three were named ALA Notable books and three won Parents' Choice Gold Awards. His recent, and first, graphic novel, "Hoops," is on the

current Maine Student Book Award List. The elementary and middle school students will learn about the details of writing and illustrating books during the live presentations. This visit has been funded by ASPIRE Gorham. Several of his books are available for purchase at The Bookworm.



Photo credit: Deanne Etienne, Assistant Principal

On Oct. 28, there was a sighting of Carlos the Courageous Crocodile at Great Falls. Carlos was thrilled to engage with the young elementary students about the meaning of courage. This value is a key part of the Gorham School's Code of Conduct.



Photo credit: Becky Fortier, GF Principal

After School Clubs began during the week of Oct. 28 at Great Falls School. This continues several years of teachers and parents volunteering their time after school to provide creative enrichment activities for students



Photo credit: Erin Eppler

Kids do make a difference! Narragansett fifth grader, Jack D., thought buffalo chicken sauce would be a fun option to jazz up school chicken nuggets. He worked with Assistant Principal Mr. Hanson and his classroom teacher, Ms. Scott to create a presentation for Mr. Sanborn, the GSD Food Services Director. His pitch was persuasive and fourth and fifth grade students can now choose a spicy treat to accompany their chicken nuggets.

**Advertise your home business or yard sale with a classified ad. Only \$9 per ad!**



# COMMUNITY

## OF INTEREST

Climate Caretakers at First Parish Church invites you to a presentation by Blake Sanborn, landscape architect and experienced resiliency planner. Blake will talk about what can be done in the face of high rainstorm flooding and rising sea levels affecting the coast of Maine. All are invited to attend and join the discussion. Fellowship Hall at First Parish Church; Friday, Nov. 8 at 6:30 p.m. FMI: (207) 839-6751.

The Gorham/Windham/Westbrook TRIAD will meet Wednesday, Nov. 13 at 11 a.m. at the Gorham Fire Department Training Room. The speaker will be from Caption Call, which is a program to help the hard-of-hearing get free caption phones through a special program. All are welcome to attend and learn more.

Find information about hunting season dates and bag limits in Maine at the Maine Department of Inland Fisheries & Wildlife, <https://www.maine.gov/ifw/hunting-trapping/hunting/laws-rules/season-dates-bag-limits.html>.

## NEIGHBORS HELPING NEIGHBORS

The Gorham Medical Loan Closet is available to Gorham residents in need of medical equipment temporarily. Wheelchairs, walkers, canes and scooters are just some of the items available. The closet is open only Monday thru Thursday, and only by appointment. Call Gerry Day at (207) 756-2210 or (207) 839-3859

The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to noon at Cressey Road Christian Church on Cressey Road to anyone who needs clothing. The Closet also takes donations of clean clothing, and now has all types and sizes of spring and summer clothing. Share a cup of coffee with the staff while you browse.

The Gorham Food Pantry, located at 299-B Main Street (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to noon and is free for any Gorham resident in need. FMI, (207) 222-4351, visit [www.gorhamfoodpantry.org](http://www.gorhamfoodpantry.org) or message us on Facebook at Gorham Food Pantry Friends.

## SENIOR NEWS

The Senior Meal Site at St. Anne's Church takes place weekly on Wednesdays at noon, 299 Main Street Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to such reasons as weather. For updates on the meal and dates open/closed, visit <https://gorhamrec.com> or call (207) 222-1635.

The Lecky Brown Senior Center meets for games and cribbage on Mondays from 10 a.m. - noon. Wednesday's Guest Speaker program, the Originals, begins with coffee at 10 a.m. then speaker/presentation to begin at 10:30 a.m. Upcoming topics include Maine rock walls, Presumpscot River/Dundee Pond, the "Murder of Mary Bean," and more. All are welcome, 3rd floor First Parish Church. FMI: Lisa Becker at [leckybrowncenter@gmail.com](mailto:leckybrowncenter@gmail.com)

## PUBLIC SUPPERS

Highland Lake Grange, drive through, roasted turkey dinner will happen on Saturday, Nov. 9 from 4 - 6 p.m. There will be roasted turkey, vegetables, stuffing, mashed potatoes, gravy, bread,

cranberry sauce and cake. The cost is \$10.00 per person. Please have exact price for meal(s) you want. No substitutions, no pre orders, you drive up, pay and receive your meal. The grange is located on the corner of Route 302 and Hardy Road in Westbrook.

Buxton Centre Baptist Church on Long Plains Road in Buxton will hold a Bean Supper on Saturday, Nov. 9 from 4:30 - 5:30 p.m. Homemade kidney and pea beans, American chop suey, hot dogs, coleslaw, rolls and desserts. \$10 per person.

Scarborough Free Baptist Church at 55 Mussey Road will have a Bean Supper on Saturday, Nov. 9 from 4 - 6 p.m. Two kinds of beans, hotdogs, chop suey, mac and cheese, coleslaw, homemade biscuits, brown bread and PIES. Adults \$10, under 12 \$5. FMI 772-1535

For the 15th year, the crew at Mr. Bagel will provide a free community Thanksgiving Day meal on Thursday, Nov. 28. Thad and Roxanne Moody and their crew are grateful for the help of approximately 80 volunteers and generous donations last year as they put out 130 meals, many of which were delivered to those who are homebound. They can deliver to the housebound within a 15-mile radius of Gorham center. If you know of someone who will be alone on Thanksgiving this year, please give them this phone number, (207) 839-4516.

## HOLIDAY FAIRS AND CONCERTS

St. Anne's Church Fair is Saturday, Nov. 16 from 9 a.m. to 2 p.m. at 299 Main Street. Mr. and Mrs. Santa, Gramma's Attic, children's room, silent auction, cash raffle, bucket raffles, hand made knits and crafts, jewelry, candy, baked goods, pizzelles, greens table, breakfast and lunch served.

Free Christmas Concert with the Westbrook City Band Family friendly event featuring seasonal favorites and a sing-along. Sunday, Nov. 24 at 2 p.m., North Congregational Church, 22 Church Hill Road in Buxton. FMI: Patsy Leavitt [patsyleavitt55@gmail.com](mailto:patsyleavitt55@gmail.com)

## LIBRARY NEWS

At the North Gorham Public Library, as of Wednesday, Nov. 6, to coincide with the end of Daylight Savings Time, the library will switch over to winter hours. Instead of being open Wednesday evenings 4 - 7 p.m. the library will be open 3 - 6 p.m. All other hours will remain the same: Monday 3 - 6 p.m., Tuesday 10 a.m. - 1 p.m., Wednesday 10 a.m. - 1 p.m. and 3 - 6 p.m., Thursday and Friday closed, Saturday 10 a.m. - 1 p.m., Sunday closed. Story Hour is every Wednesday 10:30 - 11:30 a.m.

Baxter Memorial Library has events for all ages almost every day of the week, including Toddler and Baby Storytimes, Pokémon Club, and even an opportunity to meet some dogs who dig reading. Meetings include the Library Trustees, the Teen Advisory Board, and the Friends of the Baxter Memorial Library. Find all these and more events in the Gorham Times Calendar (to the right), and at the library website, <https://baxterlibrary.org/> Library hours are Monday and Friday, 9 a.m. to 4 p.m., Tuesday, Wednesday, and Thursday, 9 a.m. to 7 p.m., and Saturday, 9 a.m. to 1 p.m. (207) 222-1190.

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Send PSAs to Lori Arsenault, public service coordinator: [loriaam@gmail.com](mailto:loriaam@gmail.com)

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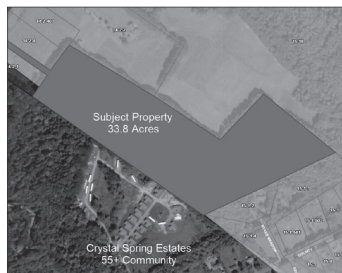
**BUXTON**  
**\$460,000**

This brand new 28x40 home features an open floor plan with cathedral ceilings and future room to grow in the daylight basement. Offers 1120sqft of living space all on one floor with the kitchen open to the dining and front living room, 2 bedrooms & full bath with double vanity.



**WESTBROOK**  
**\$649,000**

This is a perfect property for an owner occupant or a straight up two-unit. Unit #1 on the first floor includes a kitchen, living room, dining room, 2-bedrooms and a full bathroom. Unit #2 on the second level includes an eat-in kitchen, living room, den/office, 2-bedrooms and a full bathroom.



**GORHAM**  
**\$650,000**

33.8 acres located in South Gorham near Scarborough and Buxton town lines. Located in Gorham's Rural Zone and the Manufactured Housing Overlay District. This parcel is completely wooded with mature trees and old stone walls define some boundaries. Surveys are available.



**BUXTON**  
**\$38,500**

This 23' x 44' mobile home needs to be moved at buyer's expense. Offers living room open to eat-in kitchen, primary bedroom with bath, two additional bathrooms, a full common bath & laundry/utility room. Deferred maintenance including damaged flooring. Axles are needed to move. Being sold in "as-is" condition.



**SHAPLEIGH**  
**\$124,900**

Here is a nice building lot, 2.73 acre wooded parcel of land, with 150' of road frontage on Newfield Rd. Mobile homes allowed. Offers privacy & views of Abbott Mountain in the background and Maine Inland, Fisheries & Wildlife Preserve nearby.



Julie Chandler



Mike Griffin



Peter Mason



**UNIVERSITY OF SOUTHERN MAINE NEWS**

**The Arts at USM**

Along with several student recitals in the coming weeks, the Osher School of Music will present the Osher Jazz Ensemble directed by Chris Oberholtzer at Corthell Concert Hall on Nov. 14, the Osher Wind Ensemble conducted by William Kinne at McCormack Performing Arts Center on Saturday, Nov. 16 at 2 p.m., and in collaboration with the USM Department of Theatre, the opera "Gianni Schicchi" by Giacomo Puccini, directed by Dr. Malinda Haslett, with the Southern Maine Symphony Orchestra conducted by Dr. Robert Lehmann. The opera opens at Russell Hall on Thursday, Nov. 21 at 7 p.m. with additional performances on Friday, Nov. 22 at 10 a.m., Saturday, Nov. 23 at 7 p.m., and Sunday, Nov. 24 at 2 p.m. The opera is appropriate for ages 13+ with advisement that there will be a depiction of a dead body on stage during a funeral scene.

**Osher School of Music:** <https://usm.maine.edu/music/events>

**Department of Theatre:** Presenting "John Proctor is the Villain" on Wednesday November 6 through Sunday November 10th. At a rural high school in Georgia, a group of teens are studying The Crucible while navigating young love. Get tickets at <https://usm.maine.edu/department-theatre/box-office-tickets/>

**USM Art Department:** The USM Art Gallery's fall exhibition features Stephanie Garon's "under/current", focusing on materials to investigate human collisions with the environment. The exhibition opened on Oct. 3 and runs through Saturday, Dec. 7. Gallery hours are Tuesdays, Wednesdays, and Thursdays from 11 a.m. to 4 p.m. and Saturdays, 11 a.m. to 4:30 p.m. <https://usm.maine.edu/gallery/>

**USM Sports Home Games - <https://southernmainehuskies.com/>**

**November 7** - WSOC vs TBA - Little East Conference Tournament 2024 Little East Conference Women's Soccer Championship at TBA

**November 8** - Women's and Men's Basketball vs. University of Maine Presque Isle, 4 p.m., 6 p.m., Men's Ice Hockey vs. Elmira College, 7 p.m.

**November 9** - Women's Volleyball vs. Vermont State University Castleton, noon, Men's Ice Hockey vs. Elmira College, 4 p.m.

**November 15** - Women's Ice Hockey vs. William Smith College, 6 p.m.

**November 16** - Women's Basketball vs. Wheaton College, 2 p.m., Women's Ice Hockey vs. William Smith College, 2 p.m.

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**CALENDAR**

**Thursday, November 7**

Baxter Memorial Library  
Toddler Storytime, 10 - 10:30 a.m.  
Book Club: "Fresh Water for Flowers" by Valerie Perrin, 10:15 a.m.  
Sewing Class (group 1) requires registration, currently full. 6 - 7:30 p.m.  
Library Trustees Meeting, Schneider Great Room, open to the public

**Friday, November 8**

Climate Caretakers meet at First Parish Church, Fellowship Hall, 6:30 p.m.

**Saturday, November 9**

Baxter Memorial Library Pokémon Club, 10 a.m. to noon  
Roasted Turkey Dinner at Highland Lake Grange, Westbrook, 4 - 6 p.m., \$10  
Bean Supper at Buxton Centre Baptist Church, Long Plains Road, 4:30 - 5:30 p.m., \$10  
Bean Supper at Scarborough Free Baptist Church, 55 Mussey Road, 4 - 6 p.m., \$10/\$12/\$5

**Tuesday, November 12**

Baxter Memorial Library  
Preschool Story Time, 10 a.m.  
Teen Advisory Board Meeting, 4 - 5 p.m.  
Dogs Dig Reading, 4 - 5 p.m.

**Wednesday, November 13**

Baxter Memorial Library Baby Storytime, 9:30 a.m.  
Gorham/Windham/Westbrook TRIAD meeting, Fire Dept. 11 a.m.  
Senior Meal at St. Anne's Church, social 11:30 a.m., meal at noon. \$4

**Thursday, November 14**

Baxter Memorial Library  
Toddler Storytime, 10 - 10:30 a.m.  
Sewing Class (group 2) requires registration, currently full. 6 - 7:30 p.m.  
Friends of Baxter Memorial Library Meeting, Schneider Great Room, 6:30 p.m.  
Osher Jazz Ensemble, Corthell Concert Hall, 7:30 p.m.

**Saturday, November 16**

St. Anne's Christmas Fair, 299 Main Street, 9 a.m. - 2 p.m.  
Osher Wind Ensemble Concert, McCormack Performing Arts Center, 2 p.m.

**Monday, November 18**

Baxter Memorial Library Learn Spanish with Yaya, 10 - 11 a.m.

**Tuesday, November 19**

Baxter Memorial Library Preschool Storytime, 10 a.m.

**Wednesday, November 20**

Senior Meal at St. Anne's Church, social 11:30 a.m., meal at noon. \$4

*Send calendar items to Lori Arsenault, public service coordinator: [loriaam@gmail.com](mailto:loriaam@gmail.com)*



**St. Anne Christmas Fair**  
299 Main Street, Gorham  
Saturday, Nov. 16, 9 a.m. - 2 p.m.

*Grandma's Attic, raffles, hand knits and crafts, jewelry, Mr. and Mrs. Santa, breakfast sandwiches, chowder, burgers, chili, baked goods, silent auction, and kids' room.*





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the Courtesy of the Gorham Police Department  
**blotter**

Caller wanted to know if police knew of a contractor to fix his roof.

Officer found a man parked by diesel pumps on Main Street. The store was closed. He was emptying trash for the store.

Caller reported a delayed hit-and-run crash. She had already driven home and was advised police cannot take delayed crash reports. The damage she described did not meet the damage threshold that required a crash report. The other vehicle had fled.

White Birch Lane caller reported their dog was lost. While on the phone with dispatch, the dog was found.

Partridge Lane caller reported kids jumping off the train tracks. Kids were on a rope swing on the Windham side.

Police received two calls about their vehicles being at a garage on South Street for three weeks, waiting to get fixed. Garage will not respond and callers wanted police to pay him a visit. Callers were advised this was a civil issue and while they could get their vehicles, they would be expected to pay for any work done. This was the second complaint about that business that day.

Dragonfly Lane caller reported a loose peacock. Caller was just reporting it in case someone was looking for it.

Buxton PD reported a crash where a delivery truck had fled a hit-and-run. Officer did not find the vehicle.

Windham caller reported having just broken up with his partner. Caller wanted police to be aware in case they got a call from his partner.

Officer located an intoxicated male on Brackett Road who was stumbling. Man was given a ride to McLellan Road.

Tink Drive caller was concerned about what he thought was a scam call saying there was a summons out for him from Cumberland County Courthouse. It was the actual number for the Courthouse. Officer suggested he call the court on Monday to see if it was legitimate.

School Street caller said she was being bullied. Caller was advised it was not a crime and to ignore the person.

Officer was able to remove a family of raccoons from the middle of Main Street.

Parker Hill Road caller reported there was a car parked outside his driveway and he wanted it removed. Officer advised this was a civil matter as the caller shared the driveway and could get around the vehicle. He was advised he could take photos of the vehicle and take the matter to Civil Court. Caller told officer he had already done that.

**USM Art Exhibit** CONTINUED FROM PAGE 5

ties of valuable minerals were found. Eventually two mines were opened elsewhere in Pembroke, but the exact location on the shore of Cobscook Bay where these samples were extracted was never found to be worth mining.

An accompanying 8-minute video (produced by Garon) offers more information on the intentions and message behind the installation. It focuses on the return of some of the samples to local Passamaquoddy communities for return to the land/ocean.

In place of an artist's statement, an

explanatory hand-out is available, written by Kat Zagaria Buckley, USM's director of art exhibitions and outreach. This offers some explanation of the art theory that is concealed beneath the surface of the rocks on display.

A recent article in the Maine Arts Journal offers even more information about the exhibit:

<https://maineartsjournal.com/lucy-lippard-mining-the-mines-stephanie-garon-gold-rush/>

The exhibit will remain open through December 7th.

**The Oct. 10 Online Reader's Poll for the Gorham Connector closes Nov. 13. Complete it now if you haven't already.**



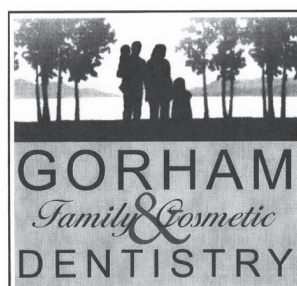
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