

Gorham Times

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PAID
GORHAM, ME
PERMIT NO. 10

Volume 30 Number 19 | September 26, 2024
A Free, Not-for-Profit Newspaper Serving Gorham Since 1995

Gorham Rams Fall Sports Preview 2024 Season

Katie Brown, Sports Editor



Rams fans

Photo credit: Colleen Heal

If the beginning of September is any indication of what the rest of the fall season brings it will be another exciting one for the books. The joy of teamwork for the Rams starts here.

Girls Soccer - Coach Jeanne Zarrilli

The 2023 season was a special one for the Rams girls varsity soccer team. The squad propelled themselves into the regional championship game that went into overtime with cross town rival Scarborough. Katilyn Nichols and Giselle Doucette led the way as seniors who

are now in college. This year's seniors (captains/leaders/players to watch) are: Ashley Connolly, Bailey Hatch, Piper Forgues, Lily Tukey and Sarah Rosingana.

Coach Zarrilli explained, "Expectations and challenging opponents will be Scarborough, TA, Windham, and Cheverus. All of these games are going to be a battle - big senior classes on every one of these teams (including ours) with high

expectations." Coach added, "this team is super supportive of each other and do a lot of fun things together and in the community. The group raised awareness and participated in the MCCP walk last week. This cohesive group is a team to watch."

Volleyball - Coach Emma Tirrell
Meet the Class A State champs of
CONTINUED ON PAGE 7



Girls Soccer in action v. Scarborough

Photo credit: Portland Press

Remembering Lyle Merrifield

Compiled by Gorham Times staff



Photo credit: Merrifield Family

He was a life-long North Gorham resident, built or remodeled many of his neighbors' homes, and was always involved in the life of the community.

Gorham residents, as well as many other people throughout southern Maine and beyond continue to mourn the recent death of Lyle Merrifield, a noted maple syrup producer, community volunteer, and amateur agricultural historian, who died at his home in North Gorham on Sept. 8 at age 62.

Merrifield's many accomplishments include his service with the Gorham town planning board, the Southern Maine Maple Producers Association (where he was one of the founding members); the Maine Maple Producers Association (where he was the cur-

rent president) and the Cumberland Farmers Club (where he served as a superintendent, a director, and vice president). At the time of his passing, he was serving as the president of the Cumberland County Fair.

Merrifield's fascination for collecting antiques and his interest in New England agricultural history led him to start his own farm tool and implement museum at the family farm.

As a young man Merrifield worked at Hall Equipment in Windham. Later he worked for his brother, Lynn Merrifield, who owned Merrifield Builders. In 1986 he started his own business, Merrifield Construction. For many years, he operated Merrifield Farm on North Gorham Road, which continues to produce a variety of maple sugar products and is a popular spot on Maine Maple Sunday every March.

Merrifield resided in Gorham for most of his life. He graduated from Gorham High School in 1981. When he was fifteen, Merrifield became a volunteer at the North Gorham Fire Station. Later he became their youngest captain, serving for over 15 years. He was instrumental in the purchase

CONTINUED ON PAGE 3

GHS To Present "The Crucible" in November

Michael Lortie, School News Editor

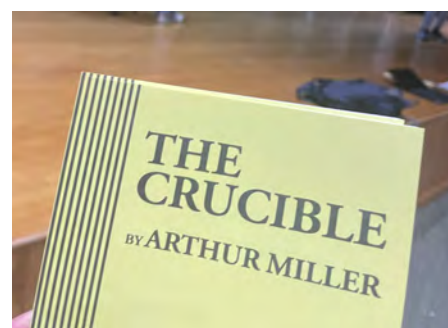


Photo credit: Joshua Hurd

GHS Students preparing "The Crucible" in November

Gorham High School will present the American play, "The Crucible" this November. The drama was written by Arthur Miller about the Salem Witch Trials of 1692-93 where people were falsely accused of being witches in the Massachusetts Bay Colony. According to the PrepScholar Advice Blog, "Arthur Miller had great distaste for McCarthy's investigations in the early 1950s, and he claims to have written The Crucible in 1953 largely as a reaction to this tense political climate. He had become fascinated with the environment of paranoia and how it affected society as a whole. When he stumbled upon the story of the Salem witch trials, he finally came up with a way to express

those themes on stage." Performances are scheduled for Nov. 8, 9 and 10, Friday and Saturday at 7 p.m., Sunday at 2 p.m.

"The Crucible" is directed by Joshua Hurd who has directed musicals at GHS for several years.

Cast list:

Betty Parris: Laurali Vail
Rev. Samuel Parris: Noah Williams
Abigail Williams: Ally Gossen
Susanna Walcott: Jade Tibbetts
Mrs. Ann Putnam: Sofia Andrade
Thomas Putnam: Ella Senatore
Mercy Lewis: Isla Rutherford
Mary Warren: Izzy Phinney
John Proctor: Alex Tukey
Rebecca Nurse: CeCe Delloso
Giles Corey: Logan Mills
Rev. John Hale: Daniel LaBarge
Elizabeth Proctor: Amelia Oлару
Francis Nurse: Doria Crockett
Ezekiel Cheever: Alina Senasy
John Willard: Fiona Lane
Judge Hathorne: CeCe Delloso
Deputy Gov. Danforth: Sofia Andrade
Martha Corey: Laurali Vail
Sarah Good: Ella Senatore
Hopkins: Isla Rutherford

CANDIDATE PROFILES
PAGE 5 & 8

inside the Times f Instagram GOCAM YouTube

2 Augusta 4 Living 5 Municipal 6 School
7 Sports 9 Community 10 Calendar 11 Blotter

CANDIDATE PROFILES
BEGIN PAGE 5

Policy on News from Augusta: The Gorham Times asked our three state legislators from Senate District 30, House District 109 and House District 110 to provide us with "News from Augusta." We publish their articles on a rotating basis. The submissions are devoted to updates of legislative and administrative news, proposed and passed bills and laws, and developments and events that are of interest and have an impact on Gorham residents. The Gorham Times reserves the right to edit the submissions and it further reserves the right to reject any submission, at its sole discretion.

Suicide Awareness Month

Sen. Stacy Brenner

September is National Suicide Awareness Month and a time to use our voices to remind folks that help is available. We have a collective responsibility in supporting mental health, combating the stigma around mental health, and preventing suicide. It is crucial for every Mainer to have access to mental health care in the state as it is a lifeline for those who may be struggling in silence and I've taken my responsibility seriously to address the gap in mental health services.

Here in Maine, suicide is the second leading cause of death among Maine youth ages 10-24 and self-reported suicidal thoughts among high school students have increased between 2017 and 2021. That is why the Maine Legislature has taken significant strides to improve mental health services, recognizing that mental well-being is essential in the overall health and success of our communities. In Gorham, we have strong advocates and mental health providers, like Dr. Kristin Tugman, and her non-profit organization Community Action 4 Mental Health which aims to reduce stigma and improve access to care.

Across Maine, children and young adults are among the most vulnerable populations when it comes to poor mental health. Maine has responded by investing in school-based programs to ensure students get the support they need. In recent years, Maine has moved to destigmatize mental health by passing LD 1024, which requires elementary, junior high, and high schools

to include lessons on mental health and the relationship between mental and physical health in the health education curriculum.

Because firearms are used in 54% of all youth suicide deaths in Maine, and the most common method in suicides among men, according to the CDC, I supported the strengthening of our emergency protective order law, LD 2224, "An Act to Strengthen Public Safety by Improving Maine's Firearm Laws and Mental Health System." This emergency legislation was part of a suite of bills we acted on quickly in response to the mass shooting in Lewiston almost one year ago. This bill strengthened our state's mental health system while also establishing crisis receiving centers throughout the state, the first of which was the Maine Resiliency Center which opened in Lewiston. These centers are a proven model of behavioral crisis intervention, allowing any person experiencing a mental health or substance use crisis to get immediate and no-cost care.

Many resources are available to those that may need mental health support. The Maine Crisis Line, 1 (888) 568-1112, is the state's telephone crisis response hotline for individuals or families experiencing a behavioral health crisis or having thoughts of suicide or self-harm.

Maine's Peer Support Line, (866) 771-9276, is available toll-free 24/7. It is a mental health peer-to-peer phone support line for adults, ages 18 and older, offering mutual conversations with a

trained peer specialist who has life experience with mental health recovery.

Join the Out of the Darkness Community Walk at Fort Allen Park along the Eastern Promenade on Oct. 5 at 9 a.m. in Portland. The Walk is a fundraiser organized by the American Foundation for Suicide Prevention. For more information on this event, visit the American Foundation for Suicide Prevention site. 988 is the 24-hour Suicide and Crisis Lifeline, which can be called or texted anytime. For Maine youth, NAMI Maine's Teen Text Support Line, (207) 515-8398, is for youth between 13-23 years of age. This service is staffed by trained support specialists and is available Monday-Friday 2 p.m. - 10 p.m. and Saturday-Sunday 12 p.m. - 10 p.m.

As always, I am a resource for you, your family, and our community. If you need assistance or have questions for me, please reach out to Stacy.Brenner@legislature.maine.gov or my Senate office at (207) 287-1515. I will do my best to help.



Stacy Brenner is serving her second term in the Maine Senate, representing Senate District 30, which includes Gorham, and most of Scarborough. She is the co-owner of Broadturn Farm in Scarborough and is also a certified nurse-midwife.

Letters to the Editor

Letters to the Editor must be fewer than 300 words, signed with a first and last name, typed or e-mailed and include a phone number and hometown. The Gorham Times reserves the right not to publish letters that include personal attacks or inflammatory language. Letters are solely the opinion of the writer and not that of the Gorham Times. They are published at the discretion of the Gorham Times as space allows and are subject to editing.

To the Editor:

As the outgoing State Representative for District 109, I would like to see the town continue to be represented by someone who will champion the challenging environmental issues facing Gorham. For this reason and others, I'm proud to endorse Ellie Sato for District 109's next State Representative, and I hope you'll join me in voting for her on Nov. 5

Ellie will work to help Maine move away from fossil fuels and invest in a green future with renewable energy sources, and she will help with conservation efforts to preserve Maine's natural landscape. It's been an honor to serve District 109 at the State House, and it feels good to know that the town of Gorham has a chance to elect another individual who will keep both Gorham and the health of the planet's best interests at heart. Please consider voting for Ellie Sato on Nov. 5, thank you.

Jim Boyle, State Representative District 109

To the Editor:

I am thrilled to endorse Ellie Sato to represent Gorham District 109 in the State House.

Ellie is uniquely qualified to serve as State Representative, having already served as an aide to Democratic senators at the State House, myself included. As Gorham's state senator, I had the opportunity to work closely with Ellie on the important issues facing Gorham

residents and have seen first-hand the passion and commitment she brings to the table. She is a fast-learner and a great listener, and as an aide she was able to connect with Gorham residents and help guide them through the government to access constituent services. Her experience and intimate knowledge of Maine's legislative process ensures that she'll be able to hit the ground running to best represent the town of Gorham.

There may be no issue more important in this election as the dire need to protect access to abortion and other essential reproductive health rights. As the egregious 2022 Supreme Court decision to overturn Roe vs. Wade clearly demonstrates, there is a concerted effort in this country to curb women's reproductive autonomy. Ellie will work tirelessly to make sure Maine remains a safe place for women to make their own health care choices.

Overall, Ellie has a strong capacity to understand the complexity of an issue and knows how to move it forward. From my experience working with Ellie, I can think of no one better to represent District 109 in Augusta, and I urge you to cast your vote for Ellie Sato on Nov. 5th. Stacy Brenner, Portland

To the Editor:

On Sept. 17, the Town Council voted to allow the extension of White Birch Lane to the planned Robie Street Subdivision. The bulk of Phase I heavy construction traffic, including the trucks that will be

used for transporting the large number of cut trees, will be using White Birch Lane to enter and exit onto one of the busiest roads in town, New Portland Rd. When Phase I is finished, the increased traffic in town will increase significantly despite having three accessways to the subdivision. Regardless of what councilors said, these accessways will be used as cut-throughs because a lot of people look for ways to avoid going through town. Who benefits from this subdivision? Not the current neighborhoods that will have the subdivision traffic spill out onto their roads making them city streets. Not the current residents of the Village that will also have to deal with added traffic congestion. It will benefit people that don't live in Gorham now: the seller and buyer (KV Enterprises) of the property and the future residents of the subdivision. At the meeting, some councilors lamented that a direct connection to New Portland Rd should have been looked into more. Well, they had their chance. Ruth Kelly, Gorham

To the Editor:

We are Gorham neighbors brought together by a man-made disaster. When flooded by an abutting development, we sought help from the Town Engineer, Stormwater Enforcement Authority, and Stormwater Compliance Officer. They denied any role in stormwater enforcement and directed

CONTINUED ON PAGE 3

BRINGING THE NEWS TO ALL OF GORHAM
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The Gorham Times is a free volunteer-run community newspaper distributed every other Thursday to more than 100 pick-up sites throughout Gorham.

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The Gorham Times takes all reasonable care to prevent errors and disclaims all legal responsibility for any such errors, omissions, or typographical errors. The Gorham Times will print corrections if notified within 48 hours. We reserve the right to refuse publication of unsolicited materials. All submissions are subject to editing. Opinions expressed in the Gorham Times do not necessarily reflect those of the staff or publishers.

Printing services by Maine Trust for Local News, 295 Gannett Drive, South Portland, ME 04106

Upcoming Advertising

Deadlines

October 2

October 16

October 30

November 13

us to the county's District Engineer.

He came on-site and pointed out apparent failures in the abutter's drainage, which should have been inspected annually to correct such failures.

Public records show that:

- Inspections were never enforced, violating the 2011 Ordinance, 2017 conditions of approval, and post-construction stormwater management plan;
- All stormwater of the 6-acre abutter discharges via pipes aimed at our backyards;
- Their pond overflows via spillways dug into our backyards;
- Maintenance was never enforced, so the pond's underdrain pipe is blocked, hence: overflows to our backyards;
- Planting a tree buffer "sponge" required for plan approval was never enforced.

The town has known of our concerns since January, but no official with stormwater enforcement authority will speak to us. We aren't the only Gorham residents harmed by stormwater violations and town stonewalling, so this issue deserves public scrutiny.

Carol Molchior, Gorham

To the Editor:

Senator Stacy Brenner has been a gift to our community. She has been a leader skilled in listening to people's needs. She has been a model for how to work across

the aisle to get things done in Augusta.

As a former State Senator who understands how Augusta works, I am asking you to vote for Stacy Brenner for another two-year term in the Maine State Senate. There is so much more work to be done.

Near and dear to my heart, Stacy will continue to fight for our rights to affordable health care, affordable prescription drugs, and reproductive autonomy.

Stacy understands the critical need for quality childcare that can be accessible and affordable for all families. Along with investing in quality public education, she will continue to work to build a healthy educated workforce to grow our economy.

Sen. Brenner's leadership chairing the Environment and Natural Resources Committee is critical to continue to address the complicated issues around PFAS contamination of our farmlands and climate change eroding our coastlines.

From her work running a small business as an organic farmer and her work for the Maine Farmland Trust, Stacy has a wealth of knowledge she brings to the legislature.

You will not find a more qualified candidate for our community. Please join me in voting for Stacy Brenner for Senate on Nov. 5.

Linda Sanborn, Gorham

What's the Scoop with Gorham Maine Scoop?

Kelli Deveaux, Staff Writer

A community Facebook page dedicated to all things in and around Gorham has been growing, with nearly 7,800 members, and over 20,000 views in the last 30 days. So who and what is behind the creation of the Gorham ME Scoop?

The Facebook page was launched in January 2022, after creator Heather Robinson attempted to learn more about the community where she and her family had just purchased a home. Nearly nine months pregnant and relocating from New Hampshire with her partner and in-laws, Robinson was seeking recommendations for local businesses to help prepare their new home for the 3 generations about to move in. Robinson requested access to a now discontinued Gorham Facebook page; her requests were denied and she was eventually blocked from even seeing the existence of the page, despite explaining her new ties to the community.

This unexplained rejection spurred Robinson into action. She was determined to start her own page, one that would feel like a safe and inclusive platform through which members could share events, information, ideas, and even opinions, respectfully and civilly. She didn't begin with a membership target in mind, or any idea if others would join; she simply had the goals to provide a page through which others like her own family could feel welcomed and connected to the Gorham community, and to add value to the lives of all Gorham residents.

"Gorham is an amazing community, the small town feel of people knowing and greeting one another is what I was striving for with the page," said Robinson. She also decided to include events and businesses from neighboring communities that would be available and of interest for Gorham residents.

Gorham residents responded, signing up and inviting friends and neighbors to join the group. Now reaching nearly 2,000 posts a month, the community has had a lot to say, and share. But the growth hasn't come without some growing pains and adjustments, according to Robinson. She noted that the initial guidelines and rules of the page were not clear enough, nor was her expectation that private citizens and marginalized populations not be targeted.

"I wanted a place where people could share and be heard, and not have their basic human right to dignity attacked," said Robinson. "Politics will always come into play, and we need a place to have those discussions, but we must maintain a level of civil discourse, where people are not dehumanized."

Robinson updated the guidance, clarified the frequency of business postings, and interviewed community members who volunteered to help her with the administration of the page. Three administrators, including Robinson, Sarah Godfrey and Merrilee Warholak, now dedicate roughly 10 hours a week to approving and monitoring posts and discussions.

The Gorham ME Scoop was not Robinson's first foray into being an administrator for a popular Facebook page. She previously launched NH Eats, a page with 121,000 members, making it the largest New Hampshire page dedicated to all things food in the state.

Robinson noted there has been some criticism of the Gorham ME Scoop, specifically about administrators censoring posts and comments, or removing some members. But the data shows that 95% of posts are approved, ensuring that spam, posts without any context or benefit for Gorham residents, and posts violating the page's rules are removed. Administrators only see 2 to 3 posts or comments a week that require additional scrutiny or removal.

Robinson also clarified that she and the other administrators reach out to those with questionable posts or comments and clarify the expectations or consequences, such as a "time out." She noted that many are respectful, but there have been a few who were clearly seeking a platform that did not match the values and rules of The Gorham ME Scoop.

Robinson stands behind their approach, "When our community is divided, we are weakened. If we can come together as a community, as neighbors with different views but with kindness and common decency, we are strong."

Top cities	
Jul 18, 2024 - Sep 16, 2024	
Gorham, ME	3,085
Windham, ME	552
Westbrook, ME	502
Standish, ME	479
Buxton, ME	390
Portland, ME	297
Hollis Center, ME	105
Saco, ME	95
Limington, ME	91
South Portland, ME	90

Photo credit: Screenshot provided by Heather Robinson

With careful administration, involvement with the Gorham ME Scoop remains focused on Gorham and neighboring communities.


Lyle Merrifield CONTINUED FROM PAGE 1


of Gorham's first Fire & Rescue boat.

A memorial service was held at the Cumberland Fairgrounds on Sunday Sept. 15.

Survivors include his wife of 32 years, Jo-Ann (Pollard) Merrifield of North Gorham; two daughters, Alexis Merrifield and Molly Bellefleur; his brothers and sisters, Lance Merrifield, Lynn Merrifield, Leslie Merrifield, Lawri Foye and Lindsey Merrifield; and many nieces and nephews.

[This article was compiled from information obtained from the website of the Gray, Maine United Church of Christ.]






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Gorham Times

Anchored in Health: Aging Gracefully

Taryn Beaumont, Contributing Writer

Are you aging gracefully, like a fine wine? Or do you wake up every day to a new ache, pain, or noise somewhere in your body? It can become increasingly frustrating to manage new issues that crop up in our bodies as we age. While we do not have control over many common age-related changes that happen metabolically inside our body, we do have control over the way we can take care of ourselves as we age to mitigate some of the adverse effects.

Common age-related changes include cognitive changes, skin texture changes, and loss of bone and muscle strength.

Several structural and chemical changes can occur in our brains as we age. Cognitive difficulty can prove to be a safety concern putting an individual at increased risk for falls and injuries.

As we age, changes in both the look and feel of our skin can occur. Skin can change in texture, become thinner and easier to break. We can also bruise more easily and have changes in pigmentation.

Loss of bone and muscle strength is one of the most common and noticeable changes that happen as we age. Losing the ability to do things that we once enjoyed can be understandably frustrating.

While we can't prevent all age-related changes or fight our genetics, there are a lot of things we can do to take care of our beautiful aging bodies.

Drink plenty of water. Recommendations on water intake vary, however drinking several glasses of water daily will help keep skin and tissues hydrated and working optimally. Some people prefer water additives and flavors to help increase their water intake.

Focus on a healthy diet. Dietary recommendations vary by individual, but a healthy intake of protein, carbs, and fats will keep our engine running smoothly. If you need help with dietary recommendations, consult your doctor or a dietician/nutrition coach.

Get a healthy amount of sleep. Typically for adults, 6-9 hours of sleep a night is recommended. During

sleep, the body performs all of its restorative processes, similar to powering down a computer at night.

Manage stress. No one lives a stress-free life, but managing it in a healthy way is vital to our well-being. See a therapist, spend time with a friend, do something you enjoy, incorporate nature or peace and quiet into your day. Healthy coping strategies help bolster our immune system to fight off illness and disease as we age.

Exercise is of crucial importance. All forms of exercise are the most powerful and accessible way we can help our bodies age gracefully. Regular physical activity offers numerous health benefits including, but not limited to, the regulation of blood pressure, management of anxiety and depression and the prevention of weight gain.

According to the American College of Sports Medicine (ACSM), all healthy adults ages 18-65 years should participate in moderate intensity aerobic physical activity, like walking, gardening, swimming or fitness class for a minimum of 30 minutes, five days per week, or vigorous intensity aerobic activity for a minimum of 20 minutes on three days per week. ACSM also recommends balance exercises at least 2-3 days a week.

Growing older means going through mental and physical changes, a continual part of life for as long as we live. Accompanied by loss and limitations, the challenge is to adapt to new circumstances, again and again. The important thing is to stay active for as long as possible - both mentally and physically.



Taryn Beaumont, a Doctor of Physical Therapy for over 12 years, most currently works in home health care. She is also a mom, a Lymphedema Specialist, and fitness lover.

CryptoVerse by A. Logophile

TBA CYSD HYBUTEUF GX XSTHV CUTSHY XUEB

FGI YGDOH VYB JBDBMTUVBO MGHVGF CGHV JUFB.

UV FSFBVP - BSKYV PBUTH, YSH HCSTSV SH HCTP.

YB XTBLRBFVH HRDDSAUF'H, HVGC MP UFO HUP YS.

CLUE: F = N

SOLUTION ON PAGE 11

Good News About Cow Burps

Chris Crawford, Features Editor

Gorham has its share of dairy, beef and other farms which help preserve valuable open space. Those who live here enjoy pastoral scenes of our four-legged bovine neighbors grazing on green fields. But there is a less idyllic side to dairy and beef animals, as well as their ruminant cousins like sheep, goats, elk, deer, buffalo, llamas, camels and giraffes.

According to a recent Washington Post article and several corroborating websites, there are about 1.5 billion cattle on our planet. And sadly every single one of them, when mature, produces between 154 to 264 pounds of methane gas each year from their burps and from their decomposing manure. In total, that's about 231 billion pounds of methane emitted into our atmosphere each year.

Methane, a powerful greenhouse gas, is one of the most damaging gases responsible for climate warming. It is 25% more potent and dangerous than carbon dioxide (CO2), partly because it lingers longer in the atmosphere. The Environmental Protection Agency (EPA) says that methane from cattle heats the Earth more than every airplane flight across the world combined.

Here's why. Ruminants, such as cattle, have a stomach with four compartments. They digest their food with the aid of microbes, single-celled organisms found in their 4th stomach (called the rumen), through a fermentation process which unfortunately produces methane gas. We humans have only one stomach which uses acid for digestion. Otherwise, human burps would be polluting as well. Sadly, the human race has found lots of other ways to pollute instead.

But don't despair. This is actually a

good-news story. Scientists and entrepreneurs around the world are working hard to find solutions to the cow burp problem so that people can continue to enjoy an occasional steak or hamburger or drink milk without feeling guilty.

In one area of research, scientists are looking at food additives as a solution. This solution is sort of like giving a cow a Tums. Adding red seaweed, oregano or garlic to a cows diet can substantially reduce methane emissions, by a whopping 80% for the seaweed. Methane production is also reduced by 10-12% when cattle are fed grape pomace which is a by-product of wine production. The drawback to this line of research is that most cows are free-range and are not fed daily by humans. More research also needs to be done on how these additives might affect the taste of milk and meat.

In a more promising experiment, scientists at UC Davis in California, are hoping to use the gene-editing process, CRISPR, to permanently edit the DNA of the offending microbes in a cow's stomach so that methane is no longer produced during their digestive process.

Calves around the world are routinely given one vaccination when they are born. A pill, delivering altered genes, could easily be given at the same time, before the babies are released to graze. The hope is that this solution will be safe, relatively inexpensive, easy to administer around the world, and would prevent the production of methane gas for life.

This solution would make us all happy, I think, including the cattle, who might find more interesting things to do with their time.

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Walk to End Hunger
Saturday, Sept. 28
Starts at 10 a.m.
Shaw Cherry Hill Farm | 616 Main Street
Distance 2.6 miles
Team Fundraising Goal: \$500
Donations are accepted through close of business
Friday, Sept. 27 at Casco Federal Credit Union.

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Candidates Running for Two Town Council 3-year Terms

James L. Hager, Jr.
13 Newton Drive



Education: Don Bosco Tech, Boston - '74 Mechanical Drafting; Northeastern University - Mechanical engineering courses; Wake Technical College, Raleigh.

Employment: Retired Project Manager in manufacturing and construction, former faculty member of SMCC.

Personal: Married to Michelle, sons Andrew and wife Sarah (GHS '06, Wagner College, BA '10, USM Muskie School, MPPM '16); Daniel and wife Heidi (GHS '07, Springfield College, BS '11). Two granddaughters, oldest attending Narragansett School.

Why should citizens vote for you?

With more than 19 years of public service in Gorham, I am presently the Chairman of the Planning Board; I served on the Town Council (2016-2022); School Committee (2000-2012), chairman of Middle School and Great Falls Elementary School Building Committees; volunteer coach for Gorham Rec. Gorham has been a great town to raise a family, but there are many challenges ahead. As Gorham grows, people are expecting services often found in larger communities. These demands strain town finances and our employees. We need experienced people to prioritize the issues, and to bring people together with a goal to benefit all.

Janet H. Kuech,
115 Narragansett Street



Education: BA English; Central CT State; AD: Castleton VT State

Employment: MSAD6 Title 1 Ed Tech III 4 years, Gorham School Dept. 21 years, Baxter Memorial Library 12 years Political/community experience: Gorham Town Council 3 years (Appointments, Capital, Finance, GPCOG), MEA Board of Directors, All Day K & K-5 Configuration Committees, Non-profit treasurer, VBS volunteer

Personal: Married 45 years, parent of 3, Oma of 1

Why should citizens vote for you?

I would like people to know I really care about the past, present and future of Gorham. I attend many meetings to help move forward the work of the Town Council, School Committee, Joint Fiscal Sustainability Committee, and help residents understand the issues involved in trying to balance using land for housing, agriculture, commerce, and conservation. I learned a lot in three years on the Town Council and continue to advocate for Gorham by sharing information at the state and local level. We have many energetic folks willing to contribute to the common good by sharing their talents and resources.

David P. Willis,
33 Old Dynamite Way



Education: GHS 2002, University of Maine Orono 2006

Employment: second-generation owner of Willis Real Estate located on Main Street in Gorham

Personal: Fifth generation resident of Gorham. In addition to my deep ties to Gorham's history I am also invested in Gorham's future through my two boys, Reid (4) and Cooper (2).

Why should citizens vote for you?

I have chosen to run for council this year because I love this town and want to create a deeper connection between Gorham's council and our community. If elected to serve I plan to work with all facets of the community; council, school committee, town staff, business leaders, and citizens to build a sustainable future for Gorham. As a town we have much to be proud of but also a lot of work ahead. I am excited and ready to get to work for our community and hope to earn your vote on November 5th!

George L. Vercelli
Pheasant Knoll Condominiums.



Employment: Retired civil/sanitary engineer, MS civil engineering.

Personal: Widower, 2 sons, one daughter-in-law, one grandson. My partner and I live in the Pheasant Knoll Condominiums. I managed projects for local, state and federal clients. Been a member of an architectural review board and the Gorham Conservation Commission. Now, vice president of the Portland Camera Club and on the Board of Directors for the Ridgefield Condominium Association.

Why should citizens vote for you?

My 47-year professional engineering career included addressing municipal issues in various communities. Gorham is undergoing a growth spurt, many residents believe development is out of control and not being managed appropriately. Many seniors will be surprised or upset when the tax bills go out, as many received no increase in the dollar amount of their tax bills last year due to the State's one year freeze. Town Council and the School Committee must ensure betterment of education including innovative ways to control future increases. We cannot continue tax rate increases 2 to 3 times the rate of inflation.

Candidates Running for Two School Committee 3-year Terms

Marilyn G. Amoroso
54 South St.



Education: Eastern Nazarene College, Vanderbilt & USM

Employment: Retired former office manager, University of New England, Portland.

Personal: Five adult children who attended Gorham Schools and four grandchildren

Why should citizens vote for you?

Our teachers work hard to build a strong foundation of learning, for our students, and I appreciate all the work they put into student's learning environments. However, I want to see more accountability from the school administration on certain choices they make on student's behalf. I want to see teachers take a stand for our children's future by using good judgment in curriculum choices, and the administration building upon the importance of healthy choices for healthy minds, and a more common sense and realistic approach to building parent teacher relationship. I want to work with the school in solutions-oriented ways.

Erick S. Thistle
9 Lincoln Street



Education: University of Southern Maine, B.S. in Business Administration 2012; New England School of Law, J.D. 2015

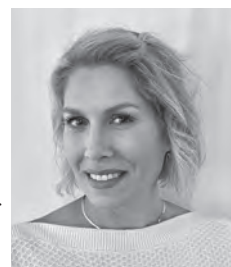
Employment: Partner at Thistle Weaver & Morris

Personal: I met my wife, Amy, at USM in 2008. All three children, our oldest is 7 and our twins are 5, attend the Village Elementary School. I enjoy spending time with my children, attending their sporting events, playing recreational sports, or enjoying the outdoors.

Why should citizens vote for you?

My hope is that voters see me as a transparent candidate and future School Committee member. My approach will be to bring thoughtful common sense and reasonableness to the issues and decisions facing the School Committee. My goal is to continue to provide the resources necessary to allow our children to have a wonderful experience in the Gorham schools, while also thinking creatively about ways to identify and reduce unnecessary spending. Most importantly, I will work tirelessly with an open mind and willingness to listen to all issues presented to the School Committee.

Nicole R. Yeo-Fisher
68 Little River



Education: BSW and MSW from the University of Maine Orono

Employment: Manager of Clinical Education at HealthInfoNet. Licensed Clinical Social Worker.

Personal: I have two children in the Gorham School system. I volunteer at the Backpack program and have been coaching multiple sports in the community for the last 5 years.

Why should citizens vote for you?

I am running for re-election to the School Committee to continue advocating for our students, educators and staff. I remain committed to engaging with families and our community. I'm dedicated to ensuring that every student has the opportunities and resources needed to be successful in a safe learning environment. We need to continue the collaborative work that occurred last year between SC and TC. A particular example of this is our Fiscal Sustainability Committee. By working together to explore new revenue opportunities and identify long term investments, we can support our schools while being mindful to taxpayers.

Register To Vote!

Election Day is Tuesday, Nov. 5

Register to vote or request your absentee ballot today at www.gorham-me.org

School Committee Meeting Sept. 11

Michael Lortie, School News Editor

The September School Committee meeting was called to order by Chairman Sarah Perkins. Six members were present. The committee approved the minutes of several summer regular and special meetings.

Each of the five principals reported on the opening of school. Each administrator thanked the maintenance and custodial staff and described the successful openings of school and the student and parent open houses which had taken place during the first week. GHS Principal, Brian Jandreau introduced GHS Student Council Officers: Bri, Emily, Brooke and Ava who introduced their plans and activities for the school year.

Norm Justice, director of maintenance reviewed the summer projects that were completed including the completion of the Narragansett Preschool playground, finishing the modular complex at Narragansett, repainting the GMS cafeteria, replacing exterior doors, sidewalk and pavement repairs and the replacement of the GHS HVAC system.

Superintendent Heather Perry reviewed the new AI guidelines. This framework is an attempt to look at some of the issues raised by the use of AI and how it can be appropriately used as a learning tool while protecting the privacy of all information.

Perry also reviewed the annual State of the Schools Report which is available on the school website. The report

is a collection of data including statistics on free lunch, absenteeism, student support services, equity data, achievement trends, behavior trends, and readiness. (GMS readiness, GHS readiness and career/ life readiness)

The superintendent also expressed the need for school bus drivers, educational technicians and substitute teachers.

During public comments, educator and Gorham resident Kelli Deveaux thanked Gorham teachers and staff on this date, Sept. 11, for providing education, emotional support and care for our students during the challenges that our society has dealt with in the past twenty-three years. Our staff is always there to provide a safe, supportive and welcoming environment for students.

Each committee member reported on their observations of the school's beginning and thanking staff for their outstanding efforts. There were reports from each subcommittee detailing their recent work and the next meetings.

The committee approved (6-0) the proposed school committee meeting schedule and approved (6-0) the superintendent's goals for the 2024-25 school year. These goals include refreshing metrics for school success, preparing FAAP for 3-4-year-old learners, strengthening the communication between school and community, continuing equity practices and focusing on the onboarding of new staff.

Finally, the committee approved a first reading of the Wellness Policy (JL) (6-0).

New Mental Health Resources for Parents and Families

From Heather Perry's Superintendent Blog

The Gorham School District has announced new resources to support mental health and wellness. ParentGuidance.org is free to all district staff, parents, and families.

ParentGuidance.org is a service developed by licensed therapists that provides trusted and specialized courses, professional support, and a safe community to learn how to support our children and get answers to mental health questions.

The hope is that ParentGuidance.org will give concerned parents a place to go for answers to support and help their children struggling with depression, anxiety, self-harm, bullying, grief and family strife, just to name a few, as well as provide tools to form stronger bonds between parents and their children. There are over 50 e-courses, FREE to families, which are led by licensed therapists as well as an ask-a-therapist section on the website. ParentGuidance.org is free and confidential.

Additionally, the school district will be able to join regularly scheduled

webinars referred to as our Mental Health Series. This series will be available from October 1st to December 31st to educate parents and staff on topics our district has selected, such as: "Your Child's Anxiety, Helping Your Child Succeed - Three Parenting Styles, and Social Media: Protecting Your Child." Below are several flyers on each event topic for the month of October for parents to pre-register. Updated flyers will be shared for the months of November and December.

During this time, parents can anonymously join an Ask a Therapist LIVE, one-hour workshop with a licensed therapist who has expertise in youth mental health. The therapist will directly answer parents' questions during the session, starting at 6 p.m. MT/ 7 CT/ 8 ET

Below is the first flier for our first online event via zoom scheduled for October 15, 2024. The topic: "Social Media: Protecting Your Child by Staying Aware and Involved." Use the QR code or the URL listed on the flyer and sign up today.

USM Performing Arts Fall Preview

John Ersek, Staff Writer

The Osher School of Music and the USM Theatre Department will be presenting quite an extensive array of performances this fall, including some familiar events, as well as many unique musical and theatrical offerings.

This year's fall Corthell Hall concert series begins on Friday, Sept. 27, at 7:30 p.m., with a concert by the Osher Faculty Jazz Ensemble, entitled "Stuff We Dig" featuring Amanda Roswick, vocalist; Jim Clark, trumpet; Aaron Henry, saxophones; Chris Oberholtzer, trombone; Gary Wittner, guitar; Chris Humphrey, piano; Broniek Suchanek, bass and drummer, Les Harris Jr. They will perform a collection of some of their favorite original compositions and arrangements that have been influenced by jazz luminaries such as Clifford Brown, Art Blakey, Dexter Gordon, Antonio Carlos Jobim as well as more contemporary artists..

For the first time, the school of music will present a "Jazz and Voice Outdoor Benefit Concert" on Saturday, Sept. 28, at 5 p.m. This special concert will benefit the Maine Society for the Protection of Animals. It will take place at the Society's facility on River Road near Mallison Street in Windham.

On Saturday, Oct. 5, at 1 p.m., the Osher Concert Band will present a free "Old Fashioned Outdoor Band Concert," on the lawn in front of Corthell

Hall. Bring your own folding chairs. Hamburgers, hotdogs, and other picnic items will be available for purchase.

On Sunday Oct. 6 at 2 p.m. at Corthell Hall, faculty member Laura Kargul performs piano selections, accompanied by the Portland String Quartet,

In Oct., the theater department presents "The Wizard of Oz, A Radio Drama," with a script adapted by Linus Speary. Directed by Josh Hsu, it will be presented in a listening party format. This is a radio adaptation of L. Frank Baum's classic "The Wonderful Wizard of Oz," and is based on Baum's original book rather than on the script of the famous 1939 movie.

The fall musical is "Songs for a New World," and will be performed on Friday, Nov. 1, at 7:30 p.m., Saturday, Nov. 2 at 2 and 7:30 p.m., and on Sunday, Nov. 3, at 2 p.m. at Corthell Hall

On Monday Nov. 4, beginning at 7 p.m., the Osher Youth Ensembles will present their fall performances at Merrill Auditorium in Portland, along with the Southern Maine Symphony Orchestra.

For its featured fall play, the USM Theatre Department will present "John Proctor is the Villain," from Nov. 6 - 10. The play is written by Kimberly Belflower and will be directed by Sara Valentine. While frequently referring to Arthur Miller's "The

CONTINUED TO PAGE 7

Antique Tractor Event Brings Participants From Across New England

By John Ersek



Photo credit: Courtesy of Parsons Dairy Farm
Antique tractors

The Maine Antique Tractor Club will be holding its annual antique tractor and farm implement day at the Parsons Farm on Saturday, Oct. 5 and Sunday, Oct. 6, with entries expected from all across New England. It will be a chance to see how farm work has been done throughout the years, and to talk to the men and women who own them.

There will be free admission for all attendees. The public is welcome to bring their own antique tractors and plows, cars, motorcycles, or trucks.

A pancake breakfast will be served at 7 a.m., including maple syrup from the Parsons farm and homemade breakfast sandwiches

From 11 a.m. to 2 p.m. hamburgers and hotdogs will be served, with Maine Maple glazed onions avail-

able as a condiment, along with Zak's hand cut fries. Breakfast and lunch will be served in an accessible heated indoor dining room. A variety of food truck operators are also expected to be participating. Camper parking is also available. Participants are invited to visit with the baby cows and miniature horses in the small barn.

The location is Parsons Dairy Farm, 321 Buck St., Gorham, ME. Call Zak Parsons at (207) 239-2633 or Dave McCullough at (207) 712-8294, for further information.



Photo credit: Courtesy of Parsons Dairy Farm
Antique tractors will meet at regional event

Rams Fall Sports Preview CONTINUED FROM PAGE 1

2023. The team went 16-2 in the regular season. The squad graduated ten seniors including: Meryk Lewellen, Summer Gammon, Amber Bretton, Sophia Diphilippo, Caroline Morrell, Lydia Fluet, Andi Cloutier, Addison Canty, Lily Andreasen, Grace Desmond.

The 2024 seniors are: Brooke Kazimer, Natalie Smith (Capt), Vanessa Walker (Capt). Challenging opponents for this season will be Scarborough, Biddeford and Cheverus.

Coach Tirrell shared, "we are expecting good volleyball, and hoping to be a top team again. The team is off to a great start."



Boys soccer in action

Photo credit: Colleen Heal

Boys Soccer - Coach Nick Viola

The Rams boys varsity squad ended the '23 season 12-2-1 and lost in the quarterfinal in an intense back/forth game on both offense and defense. This year's seniors (captains/leaders/players to watch) are Owen Spera, Riley Dever, Aidan Madore, and Adam Lembarra. Coach Viola's expectations for challenging opponents this year is to compete with the other top conference opponents. Coach Viola shared; "a positive, outside of our day-to-day, is our program development at the youth levels (GYSA) is thriving. There are a record-breaking three, 9U GYSA boys teams this year."

Football - Coach Sam Morrison

Last regular season the Rams went 2-6 with 3 losses by a total of 12 points. The team grappled with a lot of injuries but came back to make the playoffs as the #6 Seed and lost to the #3, with a 1-point margin.

This year's seniors (captains/leaders/players to watch) are the following: Seniors - Jack Karlonas, Andre Dube, Patrick Downey, Ethan Verrill, Jeff Legere II, Casey Skolfield, Landon Levan, Nasir Manahe, Rhys Saunders, and Gavin Hakizamana. Players to watch are Karlonas, Dube, Downey, Verrill, Skolfield, along with Atticus Whitten,

Thomas Sylvia, Garrett Poulin and Camden Martell. There are six captains this year including: Skolfield, Downey, Verrill, Whitten, Karlonas and Dube.

Challenging opponents will be Massabesic, Kennebunk, Westbrook, Deering and Fryeburg Academy. Coach Morrison added; "If we can stay healthy we will be able to compete in every game with our senior leadership and athletes. This year's goal is to earn a top 4 seed in the playoffs."



Field Hockey team photo

Photo credit: Coach Manson

Field Hockey - Coach Becky Manson

Last season the Rams finished with an overall record of 14-2 making it to the semifinals for two seasons in a row. Coach Manson shared; "We had many team and individual career/season records broken by graduating seniors, Brooke Farquhar (DIII fh Colby-Sawyer), Hannah Bickford (DI fh Stonehill) and Emerson Homa (DIII Ice Hockey UMass Boston). Other graduating seniors were valedictorian Ella Downing (playing DIII fh at RPI this fall) and salutatorian Julia Wareham (attending Duke University) Ari Morse (DIII fh at Lasell University) Camryn Caruso (becoming a pilot at Embry Riddle)."

This year's seniors (there are ten) include: captains Sophie Kaczmarek & Madison Tibbals (both 3-year varsity starters). Abby Chamberlin, Kayla McLean, Emily Beal, Brooke Stevens, Emily Fadrigon, Payson Plummer, Olivia Price, and Sherry Garnett.

Other top players returning are Annie Collier Jr. (3-year starter, committed to play DI at Sacred Heart for 2026) Reece Leclerc and Grace Cunningham.

Coach Manson added; "We will once again be in playoff contention with many returning starters and other key players. We expect to have a very strong season with tough opponents being Biddeford, Cheverus and Sanford."

Coach shared; "On Sunday September 8th, the high school field hockey program, including the coaches, ran/walked the Stephen Ward Memorial



Volleyball team post game win

Photo credit: Eric Tirrell



Football pre-season game action v. Cony

Photo credit: Ellery Herrick

9-11 5K. Grace Cunningham (jr.) and Madison Tibbals (sr.) came in first and second in their age group. Our new JV coach MaryBeth Carion (GHS alumni and went to school with Stephen Ward) won the "middle of the pack" award. It was a very special day."

Tuesday September 24th is the Field Hockey program's annual "Purple Game" for mental health awareness. The varsity game begins at 4 p.m. This is also in conjunction with the homecoming football game and the first annual Golf Drop fundraiser organized by the Reed Allen Community Fund.

Cross Country - Coach Jason Tanguay

The boys and girls teams had runners who qualified to compete in the state championship in 2023 including: Finn Henderson, Ryan Morrill, Nick Munyaneza Raiyah Babinsky and Abby Rogers. Other runners to watch this season are: Boys team: senior, Finn Henderson; senior, Nick Munyaneza; sophomore, Harrison Crider; sophomore, Harvey Crider; sophomore, Owen Cummings; freshman, Abe Palme. Girls team junior,

Zoe Dellinger; junior, Winni Moreland; sophomore, Lola Vance; sophomore, Annabelle Vail; freshman, Abby McCrillis; freshman, Nara Holland.

Coach Tanguay shared; "Both our girls and boys teams graduated some talented seniors, but I am grateful to see some promising new faces join our team. If these new runners can work hard to improve their physical and mental fitness, then I feel our teams can be competitive in our league schedule."

Golf - Coach Patrick Horgan

The Golf team is off to a great start with 4 wins over Westbrook, BE, Windham and Greely. The team had two match losses to Thornton Academy with 4 more matches to go in the season before rounds begin mid October in Vassalboro for the Maine state championship. This year's top golf players for the Rams include; Will Provost, Jackson Altham, Eli Castles, Jack Cyr, Aiden Cahill and Graham Staples. Provost, Altham and Staples have won by two holes with 1 hole remaining v. Greely and v. TA at Biddeford-Saco Country Club.

USM Performing Arts Preview CONTINUED FROM PAGE 6

Crucible" and to the historic Salem Witch Trials, this comic play was described by one reviewer as "alternately touching and biting funny, this new comedy captures a generation in mid-transformation, running on pop music, optimism, and fury, writing their own coming of age story."

The Osher Wind Ensemble will perform a concert at McCormack Performing Arts Center, conducted by William Kinne on Saturday, Nov. 16, at 2 p.m.

For its fall opera, the school of music presents "Gianni Schicchi" by Giacomo Puccini, in collaboration with the USM Theatre Department, from Nov. 21 - 24. The oper is directed by Malinda Haslett, with music conducted by Robert Lehmann, and performed by members of the Portland Youth Symphony Orchestra and the Southern Maine Symphony Orchestra.

Written during the latter part of Puccini's career, this comic one-act opera, based on Dante's "Divine Comedy," boasts one of the most beloved arias of all time, "O mio babbino caro." The opera tells the frantic story of a large family whose members become obsessed about changing the will of their late, beloved relative, Buoso Donati. Sung in Italian, with English supertitles.

For more detailed information about any of these events, readers can refer to the websites of the two departments:

<https://university-of-southern-maine-school-of-music.ticketleap.com>

<https://usm.maine.edu/calendar-of-events/location/corthell-hall/>

<https://usm.maine.edu/departments-theatre/box-office-tickets/>

Visitors to the USM Gorham campus are reminded that parking on campus is now allowed on a pre-paid basis only, with minimum \$55 fines for violations. This policy affects those visiting for performing arts events, athletic events, art gallery visits, craft fairs, etc. The USM Parking website contains detailed information on the options for pre-paid parking.

<https://usm.maine.edu/parking-services/visitors/>

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Gorham, Maine 04038



Candidates for State Representative House District 109

Eleanor Sato - Dem
14 Dragonfly Lane



Education: Graduated summa cum laude with a BFA in dance and a minor in political science from Fordham University and Alvin Ailey American Dance Theater.

Employment: I'm a former legislative aide, professional dancer, and bartender.

Personal: I currently live in a multigenerational home with my cat, Pazu.

Why should citizens vote for you?

I have the professional expertise and the lived experience to be an effective representative for our community. I know how to navigate the State House well from my experience as a legislative aide, but I also know what it's like to struggle to make ends meet. I used to work multiple jobs just to pay rent and put food on the table, which is why I care about fighting for working- and middle-class families, addressing the housing crisis, and working to lower the cost of prescription drugs. I'm here to listen and ensure that Gorham has a voice in Augusta.

Alan R. Livingston - Rep
3 Cottage Court



Education: UMaine Orono, B.A. mathematics, baseball captain

Employment: 42 year high school math teacher, baseball and basketball coach, intramural director. 24 year college math professor, high school and college basketball official; member of ethics committee
Civic experience: city counselor, Board of Education, High School Construction Committee; American Legion Baseball Commissioner, tournament director; Maine Principals Baseball Committee

Personal: Lifelong Mainer; married to wife Anne for 54 years, 3 adult children, 6 grandchildren

Why should citizens vote for you?

As a retired lifelong teacher, I have the time to invest in the responsibilities of this office. With the ability to communicate with citizens from all backgrounds, and relationships with many generations of Maine citizens, I will listen to their concerns and represent our constituents with common sense when making decisions that affect their lives. I am committed to focusing on legislation to reduce electricity costs, lower property taxes, and expand housing opportunities for Maine families. I don't consider myself a "politician" but rather a concerned citizen who wants to help grow Maine's economy.

Planning Board Results, Sept. 9, 2024

JoAnn Leib, Staff Writer

A request for Troiano Properties' final subdivision and site plan to construct a 14-unit condominium, Fairway Commons, on McLellan Road. 3 waivers were granted, and approval granted. 6-0. 1 absent (Delaney).

A request for sketch plan review from AFD Properties, LLC, to construct a 22,000 sq. ft. tractor supply company retail store with parking and associated infrastructure on Ossipee Trail. Discussion and 2 waivers granted 6-0. 1 absent (Delaney.)

K/V Enterprises requests final approval to construct 44 single-family residential lots.

Discussed and final subdivision approval granted 5-1 (Walsh). 1 absent (Delaney.)

JDP, LLC, requests final and preliminary subdivision approval to construct a 5-lot single-family subdivision on North Gorham Road. Discussed and waiver granted to consider preliminary and final approval at one meeting. Approval granted 6-0. 1 absent (Delaney.)

Cressey's Apartments Flaggy Meadow Road, LLC, requests site plan review to construct 16 units of apartment housing in two 8-unit buildings with parking and associated infrastructure. The project was discussed.

Arrests, July 2024

Gorham Times Staff

College Avenue male, 33, was arrested for OUI-three or more convictions in six years.

McQuillian's Hill Drive male, 31, was arrested for being a fugitive from justice.

Buxton male, 18, was arrested for violating conditions of release.

Westbrook man, 53, was arrested for aggravated assault and burglary.

Winslow Road man, 24, was arrested for domestic violence assault.

Buxton man, 35, was arrested for violating conditions of release and unlawful possession of fentanyl powder.

Portland man, 43, was arrested for failure to give correct name, address, date of birth

and failure to submit to arrest or detention.

Hollis man, 33, was arrested for violating conditions of release.

Westbrook man, 40, was arrested for two counts of unlawful possession of scheduled drugs and violating conditions of release.

Standish man, 37, was arrested for operating a vehicle without a license, violating conditions of release and held for probation.

Baldwin man, 61, was arrested for OUI (no test), one prior and refusing to submit to arrest.

Gray woman, 18, was arrested for operating a vehicle without a license and beyond conditions and restrictions and OUI (alcohol).

Candidates for State Representative House District 108

Parnell W. Terry - Dem
9 Lombard St



Education: Gorham School Department, BA in broadcast production/communications from the University of Maine.

Employment: For the past 16 years I have worked for the Gorham School Department Facilities Maintenance Department. Prior to working for the school department. I worked as a carpenter and commercial fisherman.

Personal: I have lived in Gorham for 24 years with my wife Maureen, and three daughters.

Why should citizens vote for you?

If elected, I would work for smart strategic growth to benefit Gorham and the state of Maine. I will also work to ensure the state continues to invest in education and our children's future. I would support policies that protect the environment without added pressures on Maine families and businesses. I will work on smart economic policies to grow small business in Maine while supporting working families throughout the state.

M. Thad Moody - Rep
90 Narragansett St



Employment: Semi-Retired, Moody's Co-Worker Owned. Employed at Cooks Hardware 25 years, Moody's 29 years and still counting.

Personal: Married 49 years to Roxanne Hanscom. 3 children Christopher, Tasha and Heather. 5 Grand Children. Lived in Gorham 60 + years.

Why should citizens vote for you?

Back in 1988 I was concerned in the direction that Gorham was headed so I ran for Town Council and was elected by the majority of residents who also thought change was needed. Fast forward to 2023, I'm running for House District 108 as I'm deeply concerned about where our State is headed and want the opportunity to participate in changing our course. A lot falls on one missing word we have lost sight of. Accountability!! I will promise to ask questions on WHY!! "Walk a Mile in Their Shoes" asked Why!! I'm asking for your VOTE! Thank-You!

Candidates for State Senate District 30

Stacy Brenner - Dem
388 Broadturn Road, Scarborough



Education: 1997 BS Agriculture, University of Arizona. 2000 BSN Nursing, 2001 MSN Nurse-midwifery, University of Pennsylvania

Employment: 1998-2001 single mom, 2001-2007 nurse-midwife, Portland, ME 2007 Co-founded Broadturn Farm, Scarborough, former board member of MOFGA and Maine Farmland Trust 2020-Current Maine state senator, co-chair Environment and Natural Resources Committee, co-chair PFAS Fund Advisory Committee., Senate appointee, Maine Climate Council.

Personal: Mom, wife, farm business owner, Senior Advisor at Maine Farmland Trust.

Why should citizens vote for you?

I am deeply committed to representing the district by listening to my constituents' concerns. I take these concerns with me every day when I drive to Augusta. I am effective at building relationships with all of my colleagues and stakeholders on various issues, always leaning in to find common ground and a path forward. There is far more that brings us together than divides us. I will continue to press for more action to address our housing crisis, climate change and the high cost of living for everyone, including our seniors. And, I will never stop fighting for reproductive rights.

Donald R. Hamill - Rep
3 Bay Street



Education: BA - Colgate University MILR - Cornell University

Employment: Scarborough Town Council 2018-Present. Chair Rules & Policies. Liaison to Shellfish Commission and Coastal Waters and Harbor Committee. Prior: vice chair. Chair appointments; Finance; and Ordinance Committees. Retired HR executive and consultant. Expert in team building, restructuring, change management, mediation.

Personal: Married to Susan Toohey Hamill. 40 years. Four adult children. Scarborough graduates. Scarborough Resident for over 25 years.

Why should citizens vote for you?

I have prior business experience and a track record of accomplishment in my 6 years as a Town Councilor, to define priorities and deal with rapid growth and change. In that time, we have advanced community engagement and involvement through expanded workshops, public comment, and committees. We continue to be challenged by rapid growth and development and a host of other issues including housing, education, and medical care. In order to succeed, we must improve our financial sustainability in Maine by revising our state tax formula; and reducing our spending and reliance on debt. We can do this together.

COMMUNITY

OF INTEREST

Walk to End Hunger, Saturday, Sept. 28, starts at 10 a.m., Shaw Cherry Hill Farm, 616 Main Street, team fundraising goal, \$500, Donations are accepted at Casco Federal Credit Union through the close of business, Friday, Sept. 27.

The Gorham Rec. offers a variety of programs year-round for all ages. Flag Football, GYBA Travel Basketball and Youth Fall Soccer all begin in September. Visit <https://www.gorhamrec.com> for all the details, or visit the office at 75 South Street, Monday through Friday, 8:30 – 4 p.m.

The Maine Antique Tractor Plow Day is scheduled for Saturday and Sunday, Oct. 5 -- 6 from 7 a.m. to sunset, with reserved parking for antique tractors & plows, cars, motorcycles or trucks. Breakfast 7 - 10 a.m., Lunch 11 a.m. - 2 p.m. Parson's Dairy Farm, 321 Buck Street. Call Zak Parsons (207) 239-2633 or Dave McCullough (207) 712-8294.

Climate Caretakers at First Parish Church invite you to join State Sen. Stacy Brenner, senate chair of the Environment and Natural Resources Committee, to discuss legislative environmental priorities. Monday, Oct. 7, 6 - 7:30 p.m. All are welcome.

Sponsorship opportunities to support Gorham SnoGoers, the local Gorham snowmobile club's event Oct.19. FMI: contact Pres. Tom Mazza, (207) 939-8455, gorhamsnogoers@gmail.com.

Goodwill NNE now offers donation pick-ups thanks to a partnership with the veteran-founded and owned organization ReSupply. FMI: goodwillnne.org/donate/ or call (361) 264-1467.

NEIGHBORS HELPING NEIGHBORS

The Gorham Medical Loan Closet is available to Gorham residents in need of medical equipment temporarily. Wheelchairs, walkers, canes and scooters are just some of the items available. The closet is open only Monday thru Thursday, and only by appointment. Call Gerry Day at (207) 756-2210 or (207) 839-3859.

The Mission of Hope Clothes Closet is open the first and third Saturday of each month from 9 a.m. to 12 p.m. at Cressey Road Christian Church on Cressey Road to anyone who needs clothing. The Closet also takes donations of clean clothing, and now has all types and sizes of spring and summer clothing. Share a cup of coffee with the staff while you browse.

The Gorham Food Pantry, located at 299-B Main Street (parking lot of St. Anne's Catholic Church) is open every Thursday morning from 10 a.m. to 12 p.m. and is free for any Gorham resident in need. FMI, (207) 222-4351, visit www.gorhamfoodpantry.org or message us on Facebook at Gorham Food Pantry Friends.

SENIOR NEWS

The Senior Meal Site at St. Anne's Church takes place weekly on Wednesdays at noon, 299 Main Street Social time begins at 11:30 a.m. Suggested donation is \$4. Meal site is closed if school is closed or delayed due to such reasons as weather. For updates on the meal and dates open/closed, visit <https://gorhamrec.com> or call (207) 222-1635.

Gorham/Windham/Westbrook TRIAD will meet at the Gorham Fire Department Training Room on Wednesday, Oct. 9 at 11 a.m. The AARP is sending a speaker to speak on recent fraud and scams.

The Lecky Brown Senior Center is back with games and cribbage on Mondays from 10 - 11:30 a.m. All welcome, 3rd floor First Parish Church. FMI: Lisa Becker at leckybrowncenter@gmail.com

PUBLIC SUPPERS

Potluck with a Purpose at Summit Community Church at 26 Cressey Road on Friday, Sept. 27 at 6:30 p.m. Dave and Karen Packhem will share a video produced by Voices of Hope that depicts the lives of four survivors of human trafficking, right here in this area. The video will educate us about what is actually taking place and will surely elicit many emotions from viewers. Several who are featured in the film may attend. Bring food to share for the meal.

Haddock Supper Buffet at Living Waters Church, Parker Farm Road in Buxton on Saturday, Sept. 28 at 5 p.m. Suggested donation, \$10 adult, \$5 child, \$20 family. Take out containers will be available, as well as hand sanitizer. Wearing of facemasks is optional.

Boy Scout Troop 87 will have a spaghetti and meatball supper on Saturday, Sept. 28 at St. Hyacinth Church on Brown Street in Westbrook.

LIBRARY NEWS

The North Gorham Public Library is grateful for the recent grant it received from the Maine Community Foundation and also for a generous donation from the Gorham Women's Club. The library will be hosting a forum for Gorham Town Council and School Committee candidates on Thursday Oct. 10 at 6:30 p.m. at the library. Library hours are Mondays 3 – 6 p.m. (Closed Labor Day), Tuesday, 10 a.m. – 1 p.m., Wednesday, 10 a.m. – 1 p.m., and 4 – 7 p.m., and Saturday, 10 a.m. – 1 p.m. Children's Story Hour takes place every Wednesday from 10:30 – 11:30 a.m. Contact Library Director Diane Atwood at (207) 892-2575 to learn more about volunteer opportunities.

Baxter Memorial Library's many events are list in the Gorham Times Calendar, and at the Library website, <https://baxterlibrary.org/>. Library hours are Monday and Friday, 9 a.m. to 4 p.m., Tuesday, Wednesday, and Thursday, 9 a.m. to 7 p.m., and Saturday, 9 a.m. to 1 p.m. (207) 222-1190.

UNIVERSITY OF SOUTHERN MAINE NOTES

Britney Mitchell, who has been working with faculty, staff and students at USM for nine years as the Senior Associate Director of Transfer Affairs, has been named the University's new Director of Admissions. This fall, the University is seeing a 10% growth in incoming transfer students to its campuses, located in Portland, Gorham, and Lewiston, as well as online. "I have seen the University of Southern Maine change, adapt, and meet the needs of its students in the best ways possible and am excited to be stepping into a role that can have such a transformative impact in a student's life." Mitchell said.

CLOSE TO HOME

West Buxton Public Library presents Gerard Bianco, an award-winning artist, author, teacher and lecturer is the guest speaker. Saturday, Oct. 5, 2 - 4 p.m. Buxton Town Office, 185 Portland Road, Rear Entrance. Refreshments will be served. FREE, RSVP appreciated, contact Lorraine, lindcabin@gmail.com

Send PSAs to Lori Arsenaault, public service coordinator: loriaam@gmail.com

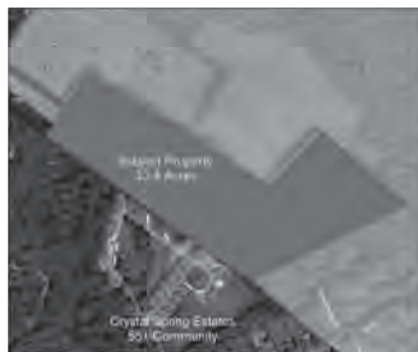
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GORHAM \$375,000 - This 1432sqft Bungalow in Little Falls features 3 BRs & 1.5 baths. Behind the front door you're sure to love all the character and charm this home offers. The kitchen with pantry closet is open to the dining room which looks through to the living room and onto the sunlit glassed front porch.



GORHAM \$650,000 – 33.8 acres located in South Gorham boarded by Scarborough and Buxton town lines. Located in Gorham's Rural Zone and the Manufactured Housing Overlay District. This parcel is completely wooded with mature trees and old stone walls define some boundaries. Portion of the 50' access easement right of way is located in Buxton.



GORHAM \$719,000 – This home was completely renovated with a huge expansion in 2004 offering over 2700sqft of living space with 3BRs each w/ their own private bath, plus a common half bath with first floor laundry. You'll love cooking and entertaining with double ovens and a separate cook top. The kitchen is open to the dining and living rooms.



GORHAM \$649,000 – This open concept floor plan is nicely upgraded from top to bottom with a 2-car garage, full basement, on demand generator & a solar array. This lovely end unit is flooded with natural light. The spacious kitchen with tiled backsplash & corner pantry is open to dining area & through to living room with/cathedral ceilings.



Julie Chandler



Mike Griffin



Peter Mason

Around Town

Marsha Weeks Traill, Attorney at Law, will be closing her law office at 31 Main Street effective Oct. 24. She said, "It has been my privilege to work with many of you over the past 43 years." Clients can contact her by calling (207) 839-7771 or via email at traillmarsha@gmail.com.

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CALENDAR

Thursday, September 26

Baxter Memorial Library
Toddler Storytime, geared for all ages, 10 a.m.
Evening Book Club, "All Boys Aren't Blue" by George M. Johnson, 6 p.m.

Friday, September 27

Osher School of Music Faculty Concert Series: Osher Faculty Jazz Ensemble, Corthell Concert Hall, 7:30 p.m.
Summit Community Church Potluck with a Purpose, 6:30 p.m.

Sunday, September 29

Osher School of Music presents a Jazz and Voice Outdoor Benefit Concert at the MSPCA in Windham

Tuesday, October 1

Baxter Memorial Library
Preschool Storytime and Kindergarten Readiness (ages 3+), 10 a.m.
French Language Discussion Group, *Group de discussion en français*, 5:30 - 6:30 p.m.

Wednesday, October 2

Baxter Memorial Library Baby Storytime (birth-18mos), 9:30 a.m.

Thursday, October 3

Baxter Memorial Library
Toddler Storytime (all ages), 10 a.m.
Book Club, "Florence Adler Swims Forever" by Rachel Beanland, 10:15 a.m.
BML Trustees Meeting, open to the public, all are welcome, 6 p.m.

Saturday, October 5

Osher School of Music Old Fashioned Outdoor Band Concert, on the lawn at Corthell Hall, 1 p.m.
West Buxton Public Library presents guest speaker, Gerard Bianco, 2 - 4 p.m.

Sunday, October 6

Osher School of Music Faculty Concert Series: Laura Kargul, piano with the Portland String Quartet, Corthell Hall, 2 p.m.

Monday, October 7

Climate Caretakers discussion with Sen. Stacy Brenner, 6 - 7:30 p.m.

Tuesday, October 8

Baxter Memorial Library Preschool Storytime (ages 3+), 10 a.m.

Wednesday, October 9

Baxter Memorial Library Baby Storytime (birth-18mos), 9:30 a.m.
Gorham/Windham/Westbrook TRIAD will meet at the Gorham Fire Department Training Room at 11 a.m. The AARP is sending a speaker to speak on recent fraud and scams. All are welcome.

CLASSIFIEDS

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FY 2024-2025 Tax Bills Available by October 1, 2024

Real estate and personal property tax bills for the fiscal year 2024-2025 will be mailed to property owners and available online by or before Oct. 1, 2024.

The tax rate that was set as of the commitment date of Sept. 19, 2024 is \$14.70 per one thousand dollars of assessed value. FMI: https://www.cumberlandcountyme.gov/departments/regional_assessing/gorham/index.php

Town of Gorham taxes are due on Nov. 15, 2024 and May 15, 2024. Payments can be made in-person in the Town Clerk's Office or placed in the mail and addressed as follows:

Town of Gorham, Tax Collector, 75 South Street, Suite 1, Gorham, ME 04038

For assistance with questions relating to real estate and/or personal property taxes, please contact the Assessor at the Cumberland County Regional Assessing Office at (207) 699-2475

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the Courtesy of the Gorham Police Department
blotter

A license plate was found on Rt. 114 and turned in at the Police Station.

Weeks Road caller wanted his TV removed. Rescue was on the way.

A vehicle parked at the dead end of Wentworth Drive was unoccupied but was filled with personal items as if someone was living in the vehicle. Officer did not locate anyone near the vehicle.

Buck Street caller reported a suspicious white van had driven by the caller's house three times. Officers did not locate the van.

Caller was advised that he would, in fact, need a new inspection on a car he had bought in Canada.

Little River Drive caller asked Officer to be in the area when she went to visit a house where previous owners had failed to move out. Officer went to the area and she called back to say she was all set.

School Street caller reported a bird hanging from a tree outside her window that was not moving. Bird had moved across the street when Officers arrived.

Officer advised a Sugar Maple Lane caller that the Police could not walk through the woods to look for her cat. She asked that Officer put something on Facebook and Officer said they would see what they could do.

Maine mistakenly received a Massachusetts emergency alert as 911 was down. Gorham received two 911 calls from people checking to see if 911 was actually down. Caller confirmed there was no emergency.

Cross Street caller reported lawn furniture had been stolen from his property.

Caller reported a compressor, a hand truck and another piece of property fell out of his truck in the roundabout. Officer removed items from the roadway. While waiting for the Fire Department to pick up the debris, the property owners arrived and picked it up.

Officer checked on a jackknifed trailer on Sebago Lake Road. Maine State Police were on the scene as they had been escorting it. Officer left on a priority call.

Officers responded to a report of a possible disturbance on Millett Drive. Officer made contact with all parties. There was no disturbance occurring. All parties were given disorderly conduct warnings.

Solomon Drive caller wanted to know if his son was allowed to drive after midnight on his intermediate license. Officer advised the caller his son was not allowed to drive after midnight until after his intermediate status was over.

South Street caller wanted a pedestrian check on a woman walking in the rain. Woman advised the Officer she liked walking in the rain and was all set.

Police were asked to do a welfare check on a woman on Clay Road. Woman told Officer she had lost her phone for six days but had just found it. She was asked to call her friend to let her know she was alright.

Officer responded to a report of disabled vehicle on Bernard Rines Highway. Subject was in the woods checking a tree stand.

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